

Putting Faith in to Action

Background of Association of Sisterhoods of Kenya

Founded in 1962, the Association of Sisterhoods of Kenya (AOSK) is a membership umbrella body. AOSK is duly recognized by the Catholic Church and is registered in Kenya as a cooperative body under the Perpetual Succession Act. The association enjoys a long and exciting history of great accomplishment, with significant growth both in programs and its membership.

Membership

AOSK is an association of over 150 Catholic Women's Religious Congregations, representing over 5,000 sisters of whom over 3,000 are in the Archdioceses of Nairobi. Superiors of these women congregations come together to preserve the gem of a religious life through inter congregational formation programs; and to coordinate Catholic sisters' pastoral ministries and social service programs and interventions at all levels of society, and particularly for the disadvantaged populations in Kenya and beyond.

Our vision

To be an association of Prophetic religious women united in Christ witnessing love and hope for the transformation of society.

Our Mission

- To respond to the needs of Religious women for solid holistic formation and education at all levels for authentic witness whilst being aware of various needs in different countries as well as providing catechetical training.
- To equip religious women with skills for ministry and leadership through programs, workshops and seminars, encourage partnership of service between men and women within the Church and to be able to speak with a unified voice in responding to issues related to justice and peace and integrity of creation.

Our threefold aim

- Promote the spiritual welfare and development of Religious Women in Kenya.
- Foster communication and co-operation among member institutes through meetings and programs with due regard for their autonomy and different charisms.
- Promote collaboration among religious women as we work in collaboration with Kenya Episcopal Conference (KEC) to respond to the needs of the people of Kenya.

Tribute to Catholic Sisters

Sisters' strength lies in demonstrating a sign of God's tangible presence, closeness and warmth to those most in need in our society guided by the Gospel and the teachings of the Catholic Church. Sisters are mothers to the desperate and destitute, a companion to all people of goodwill. The Church and society would miss a fortune without sisters.

Sisters' unique value is rooted deeply in their commitment to relieving suffering and promoting human development. Their noble quality service has won them great trust, esteem and a wide recognition from the community. Their services are accessible to all and are readily available even in the remotest places and among the marginalized.

Their focus is to liberate and nurture the immense potential of women, both religious and lay. There is nothing as powerful as educated women, who have dedicated their lives to Special Projects like catering for the girl child nurturing their welfare right from infancy to maturity. Their humble services also spread further to those in most vulnerable situations and affected by HIV/AIDS, while not neglecting the boy child.

The Sisters have strongly been engaged in eradication of illiteracy especially among women by offering education and skills in all fields; administration, management, leadership, and entrepreneurship for social transformation among others. Former US Secretary of State, Condoleezza Rice, once said: "Often it takes only one woman to make a difference. If you empower that woman with information and training and offer her a micro-loan, she can lift up her entire family and contribute to the success of her community."

Therefore Consecrated women remain a voice to the voiceless by advocating for change and unjust practices, systems and structures, especially those that are affecting women. The same voice speaks for the marginalized and stands against the destruction of all environmental disasters by calling on people to uphold human rights and freedoms and to encourage personal and social responsibility of all.

The Sisters have a legacy of forming nations. They have been at the centre stage of the journey with young people and have helped promote education among many governmental and corporate leaders throughout the continent. They have remained vital stakeholders in the development agenda.

Abizeramariya Sisters

The Abizeramariya Sisters congregation have dedicated their lives to service as directed by the holy scriptures. They were founded in the republic of Rwanda in 1956 by Father Raphael Sekamonyo. Their Mother house and formation houses are in Rwanda. Their apostolate is in the service of the poor especially of the aged. They are at present in the Dioceses of Nairobi and Karen since 2008.

Founder: Father Raphael Sekamonyo

Location: Rwanda and Kenya

Apostolate: The apostolate of the Abizeramariya Sisters is to offer service to the poor especially the aged.

Ministries: Serving the elderly

Assumption of the Blessed Virgin Mary Sisters of Eldoret

The Congregation of the Assumption of the Blessed Virgin Mary of Eldoret are dynamic and religious women who have dedicated their lives to filling the gaps of the needs of the needy in the communities. The Congregation was founded in 1962 by the Late Rt. Rev. Bishop Joseph Brendan Houlihan the then bishop of the Catholic Diocese of Eldoret.

Currently the congregation has a total of one hundred and thirty eight (138) professed members. One hundred and nine (109) of the Sisters are with perpetual vows while twenty nine are with temporary vows. There are six novices, three-second years plus three in canonical year. They have twenty six (26) postulants and thirty three (33) Residential Aspirants.

Their charism is to participate in the Redeeming Mission of Jesus Christ. Their vision is to be a congregation that strives to be an exemplary and dynamic women who are religious and live a consecrated life inspired by the Gospel values. Their mission is to witness the Redeeming Mission of Jesus Christ through their service to God and God's people. They have programs on Early Childhood Development from 0-5 years. The Congregation is also involved in running various pre-schools and clinics, health centers, dispensaries and hospitals that target expectant mothers and infants apart from other health issues.

The congregation also provides other services in the eleven Dioceses in Kenya. Most of the communities they serve are situated in arid and semi-arid areas that experience frequent internal and external conflicts. Majority of the people they serve are infected or affected by HIV/AIDS. Most of the children have challenges in education especially the girl child who are married of early in their primary schools. They are also involved in various ministries such as education, health, pastoral and social ministry to name a few.

Location: Kenya

Founder: Rev. Bishop Joseph Brendan Houlihan

Vision: The vision of the of the Blessed Virgin Mary of Eldoret is to be a congregation that strives to be an exemplary and dynamic women who are religious and live a consecrated life inspired by the Gospel values.

Mission: The mission of the Blessed Virgin Mary of Eldoret is to witness the Redeeming Mission of Jesus Christ through their service to God and God's people.

Ministries: Early childhood development, Health, rescuing girls from early marriages and FGM

Assumption sisters of Nairobi (ASN)

The Congregation of the Assumption of Assumption Sisters of Nairobi have their motto anchored on Love, Service and Self Sacrifice. The congregation is an Institute of African Religious Women under the Patronage of Mary Assumed into heaven, who is deeply rooted in Jesus Christ, and who have apostolic zeal for the service of the Church.

By being immersed among the people as Life givers, they help bring the Good News of Salvation in order to uplift the dignity of all people, especially women and with openness to the needs of time. Their vision is to be witnesses of love and service reflecting the ministry of Christ where all people are respected.

Their mission is to fulfill the mission of Christ through evangelization of all the nations and promote integral development where all people are dignified. They promote early Childhood Development and also encourage and support social-emotional wellness and good mental health, reach out to all parents of very young children and encourage calls from those with questions about typical behavior and development.

There are sisters in the process of formation where ten are novices and seven are Postulants. Presently, there are 36 Sisters with temporary vows. Sisters who are finally professed are 151.

Location: Kenya

Mission: The mission of the Assumption sisters of Nairobi is to fulfill the mission of Christ through evangelization of all the nations and promote integral development where all people are dignified.

Vision: The vision of the Assumption sisters of Nairobi is to be witnesses of love and service reflecting the ministry of Christ where all people are respected.

Ministries: Early childhood development, health and social services.

AUGUSTINIAN RECOLLECT NUNS

AUGUSTINIAN - we are daughters of St. Augustine, a great saint and Father of the Church.
RECOLLECT - recollection means retreat, a piercing together. We strive to distinguish ourselves by **MORE** in our lives: more fervor, more prayer, more fraternity all aimed at achieving oneness with the Lord and with each other in the community.

NUNS - a papal cloistered contemplative. We dedicate the hours and the days - the whole life - in that lingering and saving presence of the Lord.

CHARISM: Interiority and Community Interiority searches an encounter with God within the intimacy of the heart, and the community relishes a communion with Him in the fraternal life. The Community has 12 novices, two postulants, five Aspirants and four Solemn Professed Sisters.

Contacts: Augustinian Recollect Nuns
Monastery of Our Lady of Consolation
P.O. Box 139 Wote Makueni

Bannabikira (Daughters of Mary) Sisters Bwanda – Masaka, Uganda

Bannabikira (Daughters of Mary) Sisters Bwanda – Masaka, in Uganda believe that their calling to serve largely remains in schools and the needy in society. Therefore in this respect they have a number of primary schools in Uganda and nursery schools and a Vocational school (Bishop Stensera Vocational Training Center) which trains Nursery school teachers in Uganda. In Kenya they have a nursery and a primary

school in Kisii Diocese of Nyansiongo Parish. They also have St. Mark VII School for the Deaf, dumb and blind at Bwanda- Masaka, all these taking care of all children three years and above.

Their Charism is based on Motherhood in the footsteps of Mother Mary. Their mission is to evangelize to the people of God in Uganda and beyond through: Teaching catechism, educating young people in schools, serving and caring for the sick in hospitals and health centers and social work inspired by the spirit of the motherhood of the Blessed Virgin Mary.

They still on hold on the vision Women who were founded for an apostolic life and therefore order their life for the spreading of the kingdom of God and the salvation of souls. Bannabikira (Daughters of Mary) Sisters Bwanda – Masaka has 70 sisters who are in formation. Those on formation process are: 20 Aspirants, Postulants are 17, and Novices in 1st and 2nd Year are more than 33. 111 sisters have temporary vows at present while 456 Sisters are finally professed.

Mission :The mission of Bannabikira (Daughters of Mary) Sisters Bwanda – Masaka, in Uganda is to evangelize to the people of God in Uganda and beyond through: Teaching catechism, educating young people in schools, serving and caring for the sick in hospitals and health centers and social work inspired by the spirit of the motherhood of the Blessed Virgin Mary.

Vision: The vision of Bannabikira (Daughters of Mary) Sisters Bwanda – Masaka is that women are founded on the foundations of apostolic life and therefore order their lives for the spreading of the kingdom of God and the salvation of souls.

Location: Uganda, Kenya

Ministries: Serving in education, vocational training and children living with disability.

Benedictine Sisters of Divine Providence

Benedictine Sisters of Divine Providence believe in serving the needy in communities. They were founded in the year 1849 by Guistina and Maria Schiapparoli in Italy. Their entry to Kenya was in 1996. The Benedictine Sisters of Divine Providence has established Headquarters Delegation "Holy Spirit" in Nairobi-Kileleshwa.

Their Charisma is Confident Abandonment to Divine Providence in Simplicity and Humility of life - Love for Work - Spirit of Prayer. Their specific postulate is around welcoming, assisting and educating the children and the youth especially from poor families, abandoned or those left in dangerous situations.

They have Missions in Kenya; seat of the Delegation "Holy" and "Novitiate Spirit Saint Joseph" in Nairobi-Kileleshwa. They service in Education through a Children's Home and "Spiritual Centre Saint Benedict" in Kakamega. They also have the service of Education and "Children's Home" in Homa Bay.

Location: Italy and Kenya

Founders: Guistina and Maria Schiapparoli

Ministries: They serve in education and social services

Benedictine Sisters of Perpetual Adoration

The Benedictine Sisters of Perpetual Adoration congregation carry a monastic community calling to serve in the ministry of prayer, with a tradition of unceasing adoration of Christ in the Eucharist.

As Benedictines, they live under a Rule and a prioress. Each of their monasteries, with its distinct spirit and circumstances, unites the monastic charism with an orientation to the Eucharist in the service of the

Church. The sisters recognize Christ's presence in the "breaking of the bread" and the fellowship of our common table. From the Constitution of the Benedictine Sisters of Perpetual Adoration they strive to witness to God's presence in our world through our community life and by offering a welcoming space for silence, prayer and spiritual hospitality in a shared environment of monastic peace. They help in serving the spiritual and other needs of the people.

Location: Kenya

Ministries: Social work

Carmelite Missionaries

Carmelite Missionaries are on a mission to serve the needy. They are an international Congregation that was founded in Spain in 1860 by a Discalced Carmelite Priest, Blessed Francisco Palau. The General House of the Congregation is in Rome. The Carmelite Missionaries are present in 39 countries in the five continents of the world. They are presently in 8 countries in Africa. Africa has two Delegations; English and French Delegations. The English Delegation is comprised of four countries of which Kenya is one of them.

Their charism is to be authentic and visible signs of communion in the Church and vision being to serve a world of interconnected persons and environment. The fundamental force that promotes right relationship with God, within a person, among peoples and with nature is a world where the sense of communion-unity, love, goodness, interchange, integration and harmony. Carmelite Missionaries Mission exists because their charism of communion, they are not limited to a specific assignment.

Carmelite congregation in Africa has paid special attention to early childhood development through their schools, clinics, dispensary and hospitals. They have nursery and daycare schools that have holistic approach to teaching pupils of tender age. They are also now in the process of training sisters for Montessori Program. They too engage in school feeding programs for the young ones.

They have health facilities that pay attention to safe motherhood. For example Blessed Francisco Palau Hospital which they run in Malawi received a national award of "Infection Prevention and Safe Motherhood". The congregation is committed to working in the area of early childhood development and is training sisters to engage in this line.

There are 13 Sisters in process of formation. Temporary professed sisters are 29 while perpetually professed sisters are 45.

Location: Worldwide

Charism: The charism of the Carmelite Missionaries is to be authentic and visible signs of communion in the Church and vision being to serve a world of interconnected persons and environment.

Founder: Blessed Francisco Palau

Ministries: Health, early childhood development, feeding programs and education.

Carmelite Sisters of the Sacred Heart of Jesus

Carmelite Sisters of the Sacred Heart of Jesus congregation of sisters serve the needy with an attitude of prayer. They are an International Congregation founded in 1924. Their charism is anchored on congregation and impels them to live the Gospel, configuring them in a special manner to Christ in His mission of Servant of God and of Humanity. They incarnate this mission in a fraternal community: through an

attitude of prayer, radical faith and trust in God, seeking above all His Glory, with a poor, humble and simple way of life, in fidelity to the Church and her mission in the world, evangelically in solidarity with the poorest and committed in their liberation and salvation.

The congregation has, as its mission is to "To give Glory to God" serving the poorest, and in dynamic fidelity to its charism carries out different activities in pastoral and social areas, principally in Education, caring of the sick, the aged and other human necessities.

Today the Carmelite Sisters of the Sacred Heart of Jesus work and live in seven Countries i.e. Mozambique, Kenya, Portugal, Spain, Cuba, Venezuela, Dominic Republic. They have four sisters in the process of formation, one temporary professed sister and two who are finally processed. They have other formation houses in other countries.

This congregation serves God's people through; Education, Health, Pastoral & Community Development, old people. They promote Early street boys education through assistance with basic needs: education, food and Catechism classes at their home.

Their ecclesial mission emerges from their configuration with the mission of Christ and it aims at the permanent proclamation of the Kingdom of God with all the actions of their consecrated life. This proclamation constitutes their fundamental service to the Church and to the world.

Location: Kenya

Mission: The mission of the Carmelite Sisters of the Sacred Heart of Jesus is to give Glory to God by serving the poorest, and in dynamic fidelity to its charism carries out different activities in pastoral and social areas, principally in Education, caring of the sick, the aged and other human necessities.

Ministries: They serve in education, health and other social services.

Charism of the Sisters of St. Joseph of Mombasa

Charism of the Sisters of St. Joseph of Mombasa hold coast people close to their hearts. Their vision is to live and show 'a sign of God's tender love and compassion'. Their vision statement is by evangelization and witnessing of all people in simplicity to enhance holistic human development. Sisters of St. Joseph aim to witness in simplicity the evangelizing and saving mission of Jesus Christ among ourselves and the people we live and interact with.

Location: Mombasa, Kenya

Ministries: serving the poor

Mission: The mission of the Charism of the Sisters of St. Joseph of Mombasa is to witness in simplicity the evangelizing and saving mission of Jesus Christ among ourselves and the people we live and interact with.

Chepnyal (West Pokot)

Chepnyal congregation started in 2002 and located in a remote and hilly area in West Pokot District North West Kenya, is dedicated to serving the needy in the community through their noble services. They offer their services through a community development project which offers the following programs on Women empowerment water program and education.

They have St Mary's ECD Program, women's polytechnic, School Resource Teacher services, and work with children with disabilities by offering them the needed support.

They also have a Health Education Project which offers medical care and services to the elderly.

Location: Chepnyal, (Westpokot)

Ministries: Early childhood development, health, education, elderly, children living with disability

Congregation of the Sisters of Saint Mariana of Jesus

Congregation of the Sisters of Saint Mariana of Jesus have dedicated their lives to service to the people. Their General House is in Ecuador Archdiocese of Quito. The mother House is in Ecuador Diocese of Chimborazo where they have all the History of the beginning of the Congregation.

Location: Equador

Congregation of the Sisters of the Holy Angels of Sri Lanka

Congregation of the Sisters of the Holy Angels of Sri Lanka have nothing more to believe in rather than hold on their motto "All for the Greater Glory of God". They were founded by the Rt. Rev. Mgr. Joseph Van Reeth S.J. in 1903 in Sri Lanka and raised to Pontifical status in 1977. They are based in Sri Lanka, Australia and Kenya. Their Charism is to be the Message and Messenger of Love, Peace and Joy especially to the less privileged". They are committed to take this message through: education, pastoral work, working in the health care centers and taking care of the needy children and elders in the society. In Kenya they are based in the following areas: Nairobi, Nyeri, Isiolo and Meru. Their service to community is around education ministry where five sisters work in nursery school, four in a primary School, one in a Secondary School and one work in a secretarial college

Similarly, Out of the five houses they have in Kenya, Sisters are also engaged in promoting early childhood development. These sisters serve in nursery school and primary schools (Holy Angels School) Nyeri. Other services are in Pastoral service including Nursing homes, Retreat centers, Guest houses and Catechists. The congregation plays a role in Social Services too. They serve the elders or home of the aged, street children programs, orphanage homes/programs, HIV/AIDS Care centers, people with disability homes and counseling Centers.

Founder: Rt. Rev. Mgr. Joseph Van Reeth S.J.

Location: Sri Lanka, Australia and Kenya (Nairobi, Nyeri, Isiolo and Meru)

Charism: The charism of the Congregation of the Sisters of the Holy Angels of Sri Lanka is to be the Message and Messenger of Love, Peace and Joy especially to the less privileged".

Ministries: Education, Health, early childhood development, social services, orphanages, serving the elderly and disabled.

Congregation of the Sisters of the Holy Cross

Congregation of the Sisters of the Holy Cross follow the footsteps of Mother Bernarda Heimgartner founded in the village of Menzingen, Switzerland in 1844. They believe she knew that God is merciful, gentle and full of concern. He is near to the human side of people.

According to the Gospel and the challenges of our time they risk new ways and commit themselves to promote life. In a holistic approach to persons we encourage them to recognise and use their gifts and talents. In collaboration with others we awaken hope and contribute to the transformation of society.

They have Apostolates which include: educating in primary schools and education of student priests, Parish work, including preparing people to receive the Sacraments, visiting and caring for the elderly, and supporting them spiritually, Psychotherapy, bereavement counselling and mediation in conflict situations, Justice and Peace work. They center their lives on A RELATIONSHIP WITH GOD: In personal and community Prayer, the Word of God, the Liturgy, Creation, Interpersonal relationships. The redemptive power of the Cross and Resurrection is a wellspring of strength, joy and hope for every Sister.

Location: Switzerland and Kenya

Ministries: Education, spiritual services and other social services

Consolata missionary sisters

Consolata missionary sisters approach ministry in a unique way. They approach their work of the ministry by anchoring it on the gospel. The congregation was founded in 1914 by Joseph Allamano in Italy and in 1915 it established roots in Kenya. Consolata missionary sisters Charism and Apostolate is that they are called to bring the true Consolation, Jesus Christ, to the people we serve and to enhance the integrity of creation. Their approach to ministry is centered in the Gospel, it is holistic in nature and it aims at human growth and transformation.

They are involved in many different services which they offer to the community, these services include teaching, nursing, helping refugees and homeless people, supporting abused women and victims of HIV/AIDS and serving in leper colonies. They also do parish work with indigenous people and victims of injustice.

What identifies them is that they are consoled by God and are urged to console others with the same consolation with which they have been consoled... JESUS!

Mission: The Consolata missionary sisters' mission is that they are consoled by God and are urged to console others with the same consolation with which they have been consoled... JESUS!

Charism and Apostolate: The Consolata missionary sisters charism and apostolate is to bring the true Consolation, Jesus Christ, to the people we serve and to enhance the integrity of creation.

Founder: Joseph Allamano

Location: Worldwide including Kenya.

Ministries: Serving in education, health (HIV /AIDS), helping abused women and victims of injustice

Daughters of Charity Matisi (Kitale)

Daughters of Charity Matisi (Kitale) have dedicated their lives to serve the very poor and marginalized in Kitale. The Daughters of Charity are located within Matisi in a house called Nyota ya asubuhi (Morning Star). It was started in the year 2009. Services that are offered in Matisi include a Community development project.

Location: Matisi (Kitale)

Ministries: Serving the poor

Daughters of Charity of St. Vincent de Paul

The Daughters of Charity of St. Vincent de Paul live to meet the needs of the poor and the marginalized. They are an International Community of Apostolic Life within the Catholic Church. The Congregation was founded by St Vincent de Paul and St Louise de Marillac in 1633 in France. Since then the sisters have expanded and diversified their services to meet the needs of people who are poor or marginalized and today they are serving in 96 counties worldwide.

In January 2002 the Daughters of Charity opened two houses in Kenya: One in Thigio, Archdiocese of Nairobi and Chepnyal Diocese of Kitale. In 2004, in view of the wider needs, a third house was opened in the Karen/Nairobi area. This house is called 'Chanzo', which in Kiswahili means roots or source, since this house was established as the administrative headquarters for the Daughters of Charity in Kenya for the future. It here , in 2008 the Seminary (formation house) was opened. In 2009 two other houses were opened, one in Kitale (Matisi) and one in Kiio in Kitui Diocese, bringing the number of local communities in Kenya to six.

There are 37 Daughters of Charity working in Kenya from USA, Canada, Ethiopia, Eritrea, Nigeria, England, Ireland and 17 sisters from Kenya. Four Kenyan sisters and 20 missionary sisters have all taken vows. The Congregation renews their vows annually.

Their services are very varied and they take care of people of all ages from Early Childhood Development, through education, health care, empowerment programs, caring for people with terminal illness, outreach to the elderly, care to people with HIV, social and pastoral ministry.

Location: worldwide and Kenya

Founders: St Vincent de Paul and St Louise de Marillac

Ministries: Health, early childhood development, education and other social services

Daughters of Divine Love Congregation

The daughters of Divine Love Congregation of sisters promote love in their service to humanity. They are an international Congregation of Women religious, impelled by the Gospel of Christ and impelled by the Gospel of Christ and the Spirit of our Founder are called to a Courageous loving response to Divine Love Incarnate in the contemplation harmonious community living and apostolic action made visible in selfless liberating service to the entire creation.

The congregation has the total number of 876 professed sisters. 765 are finally professed while 212 are temporary professed. In Kenya, there are twenty sisters. Nineteen are finally professed while one is temporary professed.

Daughters of Divine Love are in the fore front in the promotion of the early childhood development. In the slums of Bungoni and Bombolulu they run a nursery and a primary school targeting the children living in abject poverty with their parents.

Location: Kenya and worldwide

Ministries: Early childhood development and education

Daughters of Jesus the Good Shepherd

The Daughters of Jesus the Good Shepherd are a congregation that is dedicated to serving the needs of children. They run the Good shepherd Academy.

The congregation was established in 2007 in Kitui with the aim of giving a strong foundation on human, Christian and academic to the pupils and eventually reach out to their families. To realize this, they from time to time interact with the parents / guardians to discuss the welfare of the pupils. Special care is given to those from vulnerable families and or mal-functional families who are guided or linked with experts depending on the challenge. They have also established a linkage collaboration with other actors like hospitals, professional counsellors, Children's officers, the church and other government line ministries.

They also have *Cotollengo Home for the Aged* which is a Diocesan project that was established by the missionaries in Gaturi parish-Murang'a Diocese to provide care for the neglected and or incapacitated elderly men. Currently there is a consideration towards elderly neglected women but so far only one woman has been accommodated. Our Sister works as the administrator of the home after the Diocese requested for the service. *St. Bakhita Academy* is a School they helped establish by Gaturi Parish in Murang'a diocese to promote education in the area. It was initially started as a nursery school but it has grown to a primary school with class one and two. St. Patrick's Vocational Center- Migwani Parish helps train girls who have dropped out of school in vocation skills.

Location: Kenya

Ministries: Educations, vocational skill training and social work

Daughters of Mary and Joseph

Daughters of Mary and Joseph are a congregation that are dedicated to serving the poor. The congregation has six sisters in the process of formation. There are four sisters who are finally professed sisters. Their charism is anchored on sister's congregation as an Instrument of mercy and compassion. They are missioned to be an international community of women religious, called to make visible the merciful love of God, living in the world of today with all its possibilities and injustice. They respond in particular to two urgent realities: A spiritual thirst and those to whom society says there is no place, always conscious that it is God who calls them and who extends his mercy through them. Their vision is to be an international group of women responding to the needs of the world around us in giving holistic education and being adaptable women of service and prayer.

Vision: The vision of the Daughters of Mary and Joseph is to be an international group of women responding to the needs of the world around us in giving holistic education and being adaptable women of service and prayer.

Mission: The mission of the Daughters of Mary and Joseph is to be an international community of women religious, called to make visible the merciful love of God, living in the world of today with all its possibilities and injustice.

Daughters of Our Lady Queen of the Holy Rosary Sisters (PRR)

Daughters of Our Lady Queen of the Holy Rosary Sisters (PRR) are dedicated to serving the needy in the health sector. The congregation has two sisters working in a Health centers, Reina Rosary Health Centre where about over 11,000 patients are served yearly. One sister works in a Dispensary, Our

Lady of Lourdes Dispensary which serves about 5000 patients per year. The facilities are in the dioceses of Nairobi and Kisii respectively. Two sisters run Reinha Rosary Preschool Ogembo in Kisii.

Contacts: P O Box 299- 00518 Kayole Nairobi

Ministries: Early childhood education and Health

Daughters of Sacred Heart East Africa Region

Daughters of the Sacred Heart is an international missionary congregation are dedicated to serve in a simple and humane manner. The congregation was founded in Malta, an Island in the Mediterranean Sea where St. Paul landed during one of his missionary journey. The congregation was founded in 1903 by the Servant of God Maria Teresa Nuzzo. The Congregation has communities in Europe, America, Asia and Africa. The Congregation spread to Kenya in 1980 and it has since spread to the entire East African countries. East Africa Region has 21 sisters in the process of formation, which is from aspirancy to Novitiate. There are twenty (20) temporary professed and sixty (60) finally professed sisters. We have fifteen Kenyan sisters working in the mission land outside Africa.

Their Charism is Charity in Simplicity and Humility and they follow the Spirituality of the Sacred Heart of Jesus. The Congregation is consecrated to the Most Sacred Heart of Jesus. The sister's strife to glorify the Heart of Jesus by deepening their love for Him and manifesting it through apostolate of education of Mind and Heart especially to the girl child. They engage in Education, pastoral, medical, and social ministry.

The sisters who work in hospitals not only attend to medical conditions but they also sensitize mothers on healthy childhood upbringing, nurturing and education. The sisters do similar work in the pre-school run by the congregation. They serve in Health Care Centre for example Baharini Health Center in Machakos Teresa Nuzzo Nursery/day care centre-Satellite and another nursery and primary school in Ruiru, Sacred Heart Girls' secondary school in Mpektoni, a dressmaking/Tailoring in Limuru and a Guest House in Likoni – Mombasa.

They also do Pastoral Services and Social Services at St. Antony Childrens' Home, Limuru.

Foundress: Maria Teresa Nuzzo

Location: Europe, America, Asia and Africa

Ministries: Health, education, Guest house and early childhood development.

Daughters of St. Anne

The Daughters of St. Anne just like any other catholic congregation carry a passion to serve the needy in the society. Their Charism is to imitate Jesus in his mystery of poverty through a spirituality of family spirit, maternal dedication and poverty of heart. Their apostolate is to get involved and participate in small Christian Community and Parish activities. Their Mission is on building up the kingdom of God and bringing Good News especially to the poor, sick and needy.

The Daughters of St. Anne congregation was founded in 1866 by Blessed Rosa Gattorn in Italy. Its Entry into Kenya was in 1990. It is present in Kenya Dioceses in Nairobi, Ngong, Garissa and Meru.

They have novitiates throughout the world, for new candidates; Contemplative life for those who wish prayer or spiritual help. They also have a Movement of Hope and Sons of Saint Anne (Religious Priests Institute) through their field of apostolate. They are engaged in social work, education, health care and pastoral.

Location: Worldwide and Kenya included

Mission: The mission of The Daughters of St. Anne is to build up the kingdom of God and bring Good News to the poor, sick and needy.

Charism: The charism of The Daughters of St. Anne to imitate Jesus in his mystery of poverty through a spirituality of family spirit, maternal dedication and poverty of heart.

Ministries: Serving the poor, needy and sick .Education

Founder: Blessed Rosa Gattorn

Daughters of St. Joseph of Blessed Luigi Caburlotto

Daughters of St. Joseph of Blessed Luigi Caburlotto congregation have dedicated their lives to seeking God in prayer and serving brethren in various social aspects . The Congregation was founded by Bl. Luigi Caburlotto in year 1850 in Italy. It's a Pontifical Congregation started working in Kenya in 2002.

The Sisters have St. Joseph as a model of servant-educator, their only task is: To Educate.

They dedicate their life to God in the Church seeking God in prayer and in silence like Mary and Joseph in Nazareth. They recognize and serve Jesus in every area of their life and devote themselves to the human and Christian education of the youth in schools, parishes, orphanages, dispensary and missions. The Daughters of St. Joseph are present in the diocese of Nyeri and Ngong.

The formation house is situated in Olepolos/Embul-Bul parish. There are three aspirants and two postulants. In Kenya there three sisters are on temporary vows and four finally professed.

The Congregation promotes early Childhood Development by running a Nursery School.

Location: Italy and Kenya

Founder: Bl. Luigi Caburlotto

Ministries: Early childhood development and education.

Daughters of St. Paul

Daughters of St. Paul congregation are consecrated women communicating Christ with their lives geared towards making a difference in the community. They were found in 1915 by BL James Alberione in Italy. Their entry into Kenya was in 1976. Their Charism is to live and give Christ the Master Way Truth and life to the world through the means of social communication by following the example of St. Paul, under the guidance of Mary, Queen of the Apostles. Their Apostolate is around working on Publications to help Christian and human formation to different category of people; Catholic bookshop Nairobi; Book displays in parishes and institutions.

Location: Worldwide and Kenya

Charism: The charism of the Daughters of st. Paul is to live and give Christ the Master Way Truth and life to the world through the means of social communication by following the example of St. Paul, under the guidance of Mary, Queen of the Apostles.

Apostolate: The Apostolate of the Daughters of St. Paul is work on Publications to help Christian and human formation to different categories of people.

Founder: BL James Alberione

Ministries: Social communication around Christian life

Daughters of St. Theresa of the child Jesus

Daughters of St. Theresa of the child Jesus locally known as Banyatereza Sisters believe and serve holding on their motto of "Love God and make Him Loved". The congregation was founded in 1937, in western Uganda, Fort - Portal Diocese. Their mission is to evangelize, animated by spiritual childhood, their vision is to serve under the reign of God and their charism is based on spiritual childhood. They currently have 26 Sisters in formation process, 82 Sisters with temporary vows and professed sisters are 288 respectively.

Location: Western Uganda

Ministries: Serving the needy

The Daughters of The Heart of Mary

Daughters of the Heart of Mary believing in serving the needy. They are an International religious congregation that was formed in France during the French Revolution in the year 1790. They are in 30 countries all over the world in four continents. Their charism is manifested in their particular way of living the Gospel and integrating the tradition of the Church.

The daughters of the heart of Mary have got no particular apostolate, but they respond to the needs of time and of place as they respond and share in the mission of Christ.

In Kenya the daughters of the heart of Mary run a refugee programme called Tusa in Nairobi, which caters for their needs both social and spiritual. They also have a rescue Centre for girls from FGM and early forced marriages in Kajiado county EwuasoKedong. They run the kindergarten called Baraka also located in EwuasoKedong in Kajiado County.

Location: World wide

Charism: The charism of the Daughters of the Heart of Mary is to show their way of living the Gospel and integrating the tradition of the Church.

Ministries: Refugee programs, FGM and early childhood development.

Daughters of the sacred heart

Daughters of the Sacred Heart carry the imprint of the heart of Jesus, the heart that so loved people that He gave His life for all. Their desire is to be women of heart, centered on the Heart of Jesus, ours is a Spirituality of the Heart with a special Marian dimension.

They were founded in 1903 by Servant of God Mother Maria Tereda Nuzzo in Malta, Europe and entered Kenya in 1980.

Their mission is boundless.

The title 'Our Lady of the Sacred Heart' focuses on the relationship of love between Jesus and Mary, the same relationship of love we are invited to participate in and have with each other.

They are present in the dioceses of Nairobi, Machakos, Mombasa and Malindi.

Their Charism is Charity in Simplicity and Humility expressed in the fields of education, pastoral, social and health care. And their apostolate is work among slum children, single mothers as social activists and animators among the youth. They run schools, dispensaries, health centers, children's homes and feeding programs.

Location: Europe, Kenya

Foundress: Mother Maria Tereda Nuzzo

Mission: The mission of the daughters of the sacred heart is boundless.

Charism: The charism of the daughters of the sacred heart is on Charity in Simplicity and Humility expressed in the fields of education, pastoral, social and health care.

Apostolate: The apostolate of the daughters of the sacred heart is to work among slum children, single mothers as social activists and animators among the youth.

Ministries: social services to single parents, slum children, health and education.

Dimesse Sisters Daughters of Mary Immaculate

Congregation of the Dimesse Sisters Daughters of Mary Immaculate (FMI) which was founded in Vicenza – Italy in 1579 serve the needy in different continents. They believe in serving under a climate of a lively renewal that characterized the diocese of Padua after the Council of Trent, in which the Founder Fr. Anthony Pagani (OFM) had actively participated especially during its last session.

Their name “Dimesse” simply identifies them their style of life of littleness (simplicity).

They are in different continents; Europe (Italy), Asia (India), Africa (Kenya and Tanzania) and Latin America (Brazil). Their charism is anchored on “Conformity to Jesus Crucified and Risen”. Their mission is “to offer themselves as humble apostles of truth in Love under the protection of their Immaculate Virgin”.

Thirty seven Sisters are in the process of formation. Thirty sisters are temporary vows at present while fifty sisters are finally professed. Their vision is that all may grow in Christian Virtues in order to obtain salvation, learning from Christ who is Truth and Love”

They are celebrating fifty year’s Jubilee in Kenya. Their first three sisters came from Italy to Kenya in 1965. They serve in different areas of; Catechism/catechizing, Health centers, dispensaries and social work, Education in schools and colleges, Working with the young adults, youth and children (PMC), Those thirsting for God are welcomed and cared for in the retreat Houses, Women empowerment – teaching them simple skills to earn their daily living, Care for refugees/Immigrants especially in Italy, Home for HIV children (orphans), Visiting prisoners, Serving the poor both spiritually and materially, Pastoral in schools and other different apostolate in the parishes and In general, they are open to the needs of the church within time and place. They owe great gratitude to God for the far he has taken them. They are enthusiastic to live their charism and share it with those they serve. They also thank the Lord for the group of their Lay Fraternity (Father Anthony Pagani) who serves him through their charism.

They hope to open new missions in Europe, India and Brazil.

Location: Italy, Kenya, India, Brazil and Tanzania

Founder: Fr. Anthony Pagani (OFM)

Mission: The mission of the Dimesse Sisters Daughters of Mary Immaculate (FMI) is to offer themselves as humble apostles of truth in Love under the protection of their Immaculate Virgin.

Ministries: They serve in education, other social services, and Health

Dominican Missionary Sisters of the Sacred Heart of Jesus

The Dominican Missionary Sisters of the Sacred Heart of Jesus is an international Congregation that seeks to write a positive script and rejoice in the gift of life and value by seeking to serve all for the glory of God.

They were founded principally with the Charism of evangelization and saving souls. Their vision is to be authentic and dynamic preachers of the Gospel truth through holistic development and service to all. Their mission contemplative study of the Word of God and equip ourselves professionally for the Mission of Christ of bringing life to all and to our environment, in collaboration with others. Since God's work of evangelization needs many hands, they have seven young women in the Pre - Novitiate training, eight sisters in temporary Profession and eleven Finally Professed sisters in the Kenyan Delegation.

As they endeavor to bring life to all, their service ranges from taking care of the child from age zero to the aged who have been rendered homeless by various circumstances of life. In their apostolic engagement, they have a kindergarten, a preschool, a Primary school and a Technical school.

On the social front, The Dominican Missionary Sisters of the Sacred Heart of Jesus run two Homes where orphans and the HIV infected and or affected find true love, acceptance and healing. The old age Home gives shelter, care and a dignified end of life to the abandoned old people. They take care of the abandoned children, some as young as just a few days old.

Location: Worldwide including Kenya

Mission: The mission of the Dominican Missionary Sisters of the Sacred Heart of Jesus is to contemplatively study of the Word of God and equip ourselves professionally for the Mission of Christ of bringing life to all and to our environment, in collaboration with others.

Ministries: Serving orphans, those affected and infected with HIV, abandoned children and early childhood development

Donum Dei Missionary Family

Donum Dei Missionary Family (DDMF) congregation are dedicated towards re-establishing the connection between God and humanity through their missions. They are an international Congregation founded by a French priest, Father Marcel Roussel Galle in Paris, France on February 11, 1950. They believe in -"Re-establishing and carrying on the dialogue between God and humanity: that is what missionary apostolate is about."

Their mission is to enhance the Socio-economic status and dignity of young girls, enabling them to realize their full potential in life specially, young women in slums, equipping them to be self-employed. In the light of the spirit of Saint Therese of the Child Jesus, the Carmelite Order and Francis of Sales, following the examples of Saint Joan of Arc and the first Christian virgins, the Missionary Workers commit themselves in the footsteps of Christ, temporarily through engagement and finally on the day of their Espousals: they offer themselves to the Merciful Love of God and make their profession in the Carmelite Third Order Secular.

In their desire to sanctify the working world and families, the Missionary Workers take on diverse professions: in guest houses, kindergartens, schools, student's lodgings, in catechetical instructions, the spiritual running of diocesan shrines, hospitals in the profession, etc.

They are particularly attentive to the poorest neighborhoods and those who are the most abandoned spiritually. To all they meet, they want to:- Bear witness to Jesus, teach his Word and give a preparation for sacraments,- Affirm God's primacy in the face of the materialism of the world and radiate the universal love of Christ who unites men and women of all the races and all social conditions in one family.

Location: Worldwide

Founder: Father Marcel Roussel Galle

Mission: The mission of the Donum Dei Missionary Family is to enhance the Socio-economic status and dignity of young girls, enabling them to realize their full potential in life specially, young women in slums, equipping them to be self-employed.

Ministries: Education, spiritual ministry, health and early childhood development activities including other social services to the community.

DREAM Centre Langata

Drug Resource Enhancement against AIDS and Malnutrition (DREAM) program endeavors to provide comprehensive holistic services for the people living with HIV/AIDS in Kenya. It was started in the year 2008. They provide services on HIV counselling and testing service, HIV care, Provision of HAART, Ante natal care and immunization against childhood diseases, Tuberculosis screening, prophylaxis and treatment, Cervical screening, Home based care services, PLHIV(people living with HIV /AIDS) Support groups among others.

Location: Nairobi

Ministries: Skill development, HIV/AIDS, Nutrition

Franciscan Elizabethan Sisters

Franciscan Elizabethan Sisters are born to serve the needy in the society. Through their service to humanity they have seen lives transformed. The congregation of Franciscan Elizabethan sisters which has twenty eight sisters working in Kenya in various apostolates was founded in 1828 in Italy. The first Elizabethan Sisters came to Kenya in the year 1972 and set their base at Kiganjo-Nyeri diocese. They started their missions by having formation of local young girls which started in 1988 since then; they have continued to grow in numbers. Currently they have seven young sisters in the process of formation t, four are postulants, one pre-novice and two novices. They have nine sisters on temporal vows and nineteen who are finally professed. Their Charism is to share the Merciful love of the Father with the poor of the poorest.

The congregation plays a big role in promoting early childhood development from 0-5 years in their parishes and in their apostolate.

Franciscan Elizabethan Sisters congregation has six communities in Kenya distributed in various dioceses and archdioceses. Nairobi has two communities: Coordination house in Karen and a Novitiate in Kahawa west. There is one community (postualancy) in Embu and two communities in Nyeri. There is also a community called Mugunda apostolate at Naromoru which is a home for physically challenged and another one in Malindi.

All these communities under Franciscan Elizabethan Sisters continue to work with the children in nursery schools, dispensaries and PMC hence promoting their growth.

Location: Italy, Kenya(Nairobi, Embu, Naromoru and Malindi)

Charism: The Franciscan Elizabethan Sisters charism is to hare the Merciful love of the Father with the poor of the poorest.

Ministries: Serve early child hood development, serving children who are physically challenged health and education.

Franciscan missionary sisters for Africa

Franciscan missionary sisters for Africa hold people close to their hearts. Their congregation was founded in 1952 by Sr. Mary Kevin Kearney in Ireland and saw its entry in Kenya in 1946.

The vision for the congregation is to be women of Faith, consecrated to God in a Community of Love, Joy and Simplicity. They are impelled by the love of Christ, they are ready to be sent on Mission. They approach the people of God with Reverence so that together they may grow in the fullness of the Gospel.

Location: Ireland and Africa

Foundress: Sr. Mary Kevin Kearney

Vision: The vision of the Franciscan missionary sisters for Africa

Ministries: Serving people is to be women of Faith, consecrated to God in a Community of Love, Joy and Simplicity.

Franciscan Missionary Sisters for Africa (F.M.S.A)

The Franciscan Missionary Sisters for Africa's (FMISA) leave positive prints wherever they go.

They were founded by Mother Mary Kearney from Ireland later known as Maama Kevina. The FMISA arrived in Uganda in 1903 and founded the Little Sisters of St. Francis. Being a Missionary Congregation, they are in Uganda, South Sudan, Zambia, Zimbabwe, South Africa, America, Scotland and Ireland.

They came to Kenya in 1941 and have been serving in the dioceses of Kitui, Kisumu, and Arch diocese of Nairobi, Ngong and Nakuru. Their Novitiate is in Nakuru and for now, they have two first year Novices and one second year novice. They have four temporal professed and nine finally professed sisters here in Kenya.

Their Charism is that they are women of Faith, who live in a community of love, joy and simplicity. They respond to the real needs of the people as they approach the people of God with reverence so that together we grow in the fullness of the Gospel.

Foundress: Mother Mary Kearney

Location: Uganda, South Sudan, Zambia, Zimbabwe, South Africa, America, Scotland and Ireland.

Charism: The charism of the Franciscan Missionary Sisters for Africa is anchored on women of Faith, who live in a community of love, joy and simplicity.

Ministries: Serving those in distress.

Franciscan sisters of St. Joseph

Franciscan sisters of St. Joseph are a rare group of sisters who believe in serving people through the love of Christ. They were founded in Kenya in 1936 by Fr. Philip Scheffer. The dioceses they serve include Kisii, Homa Bay, Kisumu, Nakuru, Kericho, Eldoret, Meru, Isiolo, Kakamega, Ngong, Marsabit, Kitale, Mombasa, Nairobi, Maralal.

Their vision is to obtain the graces from God through worship of Christ in the Eucharist, and to cooperate faithfully in the plan of salvation. Their mission is to exist to Evangelize to the people of God, to uphold their sanctity and dignity and to enhance integral development inspired by the Gospel, traditions and Social teaching of the Church.

Their core values include; manifesting the image of Christ in all their undertakings, upholding human dignity and sanctity of life provide service to all among others. Their Charism and Apostolate is compassionate love in the following of Christ Jesus poor and humble.

Location: Kenya; Kisii, Homa Bay, Kisumu, Nakuru, Kericho, Eldoret, Meru, Isiolo, Kakamega, Ngong, Marsabit, Kitale, Mombasa, Nairobi, Maralal.

Vision: The vision of the Franciscan sisters of St. Joseph is to obtain the graces from God through worship of Christ in the Eucharist, and to cooperate faithfully in the plan of salvation.

Mission: The mission of the Franciscan sisters of St. Joseph is to exist to Evangelize to the people of God, to uphold their sanctity and dignity and to enhance integral development inspired by the Gospel, traditions and Social teaching of the Church.

Charism: The charism of the Franciscan sisters of St. Joseph is to offer compassionate love in the following of Christ Jesus poor and being humble.

Franciscan Sisters of the Flock of Mary

Franciscan Sisters of the Flock of Mary congregation believe have been called to serve the poor in spirit of humanity, simplicity and hospitality. The congregation is based in Kiserian Parish, Ngong Diocese. It was founded in the year 1878 in Spain by the servant of God Maria de la Encarnacion Carrasco Tenorio. They have six sisters who are in process of formation: two postulants and four aspirants.

They have no temporary professed sister. The finally professed are three. Their charisma is to serve God in the poorest people with the spirit of humility simplicity and hospitality. Their motto is "To Serve God Is to Reign" They serve in children's home, education, health, residents of the aged, catechism, with immigrant, with single mothers.

Their vision is on integral formation of the poor girls and promotion of the youth and especially women, done without distinction of race or faith and to live their consecration in fraternal life with joy, unity, and simplicity.

They have no role in the promotion of Early Childhood Development at the moment.

The Franciscan Sisters of the Flock of Mary remains the only house that exists in Kenya and in Africa. They have three sisters who were sent by the congregation to open this house in 2012. It remains a formation house and they are in the process of building a children's home for the orphans and rescued Maasai girls from early marriages. The mission also runs feeding programs for the poor needy children.

Location: Kenya, Ngong

Vision: The vision of the Franciscan Sisters of the Flock of Mary congregation is to the poor girls and promotion of the youth and especially women, done without distinction of race or faith and to live their consecration in fraternal life with joy, unity, and simplicity.

Foundress: Maria de la Encarnacion Carrasco Tenorio

Ministries: serving the needy, feeding program, taking care of orphans and rescuing girls from early marriages.

Franciscan Sisters of the Heart of Jesus

Congregation of the Franciscan Sisters of the Heart of Jesus have committed themselves to adhere fully to the gospel by responding to the needs of the people. They were founded in Gozo in 1880 by Rev.Fr. Joseph Diacono. It was later left in the hands of Venerable servant of God, Mother Margherita of the Sacred Heart who through a divine disposition, led it on, cultivated it, and brought it to maturity. At present there are 408 perpetually professed sisters, 44 juniors, fourteen novices and seven postulants.

Their Charism is that they commit themselves to adhere fully to the Gospel, according to the form inspired to St. Francis of Assisi; in sincere humility, simple joy, apostolic zeal, fervor and serving others especially the poor, following in the footsteps of our founders Rev. Giuseppe Diacono and venerable Servant of God, Mother Margherita of the Sacred Heart.

They imprint the evangelic seal of minority and of poverty, as St. Francis of Assisi had done as distinctive signs in his life and in his Order. They also commit themselves to place at the centre of their lives an ardent love for the Sacred Heart of Jesus, as the center of a contemplative life mainly concentrating on the adoration of the Blessed Sacrament.

The specific mission of their Congregation in the Church is to proclaim Christ's great love for mankind. This is expressed in the ministries that they exercise which include: instructing and educating both small children and youngsters in our schools, carrying out social activities, and care for the aged, care for the sick, care for orphans, providing pastoral care in parishes and in Dioceses.

They have continues to promote early childhood development by building centers of education, primary schools, which start from baby and nursery classes onwards.

Founder: Rev.Fr. Joseph Diacono

Location: Kenya

Mission: The mission of the Franciscan Sisters of the Heart of Jesus is to proclaim Christ's great love for mankind.

Ministries: Serving in education, health, orphans and pastoral activities.

Franciscan Sisters of the Immaculate

The Franciscan Sisters of the Immaculate constitute is a Congregation of Pontifical Right who put their best zeal in doing of their religious life a constant and progressive love to Jesus Christ.

They were founded by Francisca Pascual Doménech in Valencia (Spain) in 1876. There are eleven Junior Sisters (Temporary Vows) at present, ten novices, four postulants and ten aspirants. Five sisters, from Kenya, are finally professed. Dating back in 1926 they became part of the Franciscan Family and they follow the Rule and life of the brothers/sisters of the Third Regular Order of Saint Francis and their own Constitutions.

They want to live the mystery of Mary Immaculate Concepción, the Mother of God, by following her life and words with those that invites them to make what Jesus says, in complete fidelity to God and to our brothers/sister.

They serve in education; attend to the sick, social promotion and to any urgent need of the Church and the society. They have kindergarten in different missions where the children come to them from the age of two and half. They attend children at that age in the Orphanage. They serve at St. Marys' Secondary School at Kapsabet, Nandi in collaboration with the Diocese of Eldoret. Their mission and service, is to dedicate the best of our effort to the evangelization, looking for to be faithful to the project of God and working for the dignity and happiness of women and men of our society.

Location: Kenya, Spain

Founder: Francisca Pascual Doménech

Mission: The mission of the Franciscan Sisters of the Immaculate is to dedicate the best of our effort to the evangelization, looking for to be faithful to the project of God and working for the dignity and happiness of women and men of our society.

Ministries: Education, early childhood development and orphanage.

Franciscan Sisters of the Immaculate Conception of the Holy Mother of God (SFIC KENYA)

Franciscan Sisters of the Immaculate Conception of the Holy Mother of God (SFIC Kenya) is a congregation that are serving under the influence of the love of Jesus Christ. They were founded in Veghel, Netherlands in 1844 by Mother Teresia van Miert, who was deeply moved by the needs of the times in which she lived. Steeped in the Gospel and in the life of St. Francis, she discovered ways to alleviate the sufferings of the people in her surroundings. Sisters in the process of formation are 22. Those who are in temporary vows are thirteen while those are eight Kenyans. Twelve are Missionaries.

They have a charism of Loving surrender to the living God in imitation of our Lord Jesus Christ, nourished in Prayer and Contemplation, in order to experience God in the poor and the little ones, and the powerless to be able to proclaim and work for God's reign of Justice, Peace and Integrity of Creation. They acknowledge that all good belongs to the Most High Lord, trying to live in a Spirit of Simplicity, Submission, Love and Penance.

They also strive for humility, Patience and true Peace. Living the Gospel demands of them Prayer, Service and Acceptance of the Human existence with all its limitation. They follow the way of the Blessed Virgin Mary and St. Francis of Assisi by bearing Christ in their hearts and bodies by bringing him to birth through life and example.

They serve in Education (both Formal and Non-Formal); Pastoral Work which includes Catechesis, Value-Formation and Worship, Formation of Lay Leaders, Formation and Empowerment of Women and Youth, Livelihood Programs, Operating Health Centres - Mother And Child Health Care, Mobile Clinics, Community Based Health Care; Special Programs for Orphans and Vulnerable Children and different abled children, Human Rights – Task Force Detainees; Assistance to Indigenous People: Justice, Peace and Integrity of Creation; Spirituality Centres, Migrant Workers, Literary and Numeracy Programs; Inter-religious Dialogues.

They promote Early Childhood Development through mother and Child Health Care Programs through their Health Centres in collaboration with the Ministry of Health, Nursery Schools (Kehancha, Oyugis and Naroosura) in cooperation with the Ministry Of Education.

Foundress: Mother Teresia van Miert

Location: Worldwide and Kenya

Ministries: They serve in education, early childhood development, education, human rights, spiritual work and other social activities.

Franciscan Sisters of the Immaculate Heart of Mary Congregation- (FIHM) Pondicherry

Franciscan Sisters of the Immaculate Heart of Mary Congregation- (FIHM) Pondicherry congregation believe they are a blessed congregation with abundance of grace to serve in the humble soil of Kenya and East Africa at large. Their first seed was sown in 1844 in India after witnessing a million years of slavery and oppression among women. The founder Rev. Fr. Louis Savenien Dupuis (MEP) had a deep inspiration and zeal to bring out women from the darkness to light through education. They set their foot in

Kenya and East Africa in 1986 by the efforts of Rt. Rev. Caesar Gatimu, Bishop of Nyeri through vision of the then Superior General of FIHM. Many sisters were sent from India to work in this vineyard. Through the encouragement and support of the East African Bishops, Priests and other servants of God the congregation has grown in three countries currently in Kenya, Tanzania and Uganda.

In Kenya they have sixteen young Formees (different stages) who are there in Queen Mary Formation House – Nyeri. Five temporally professed; In Kenya - 21 sisters are perpetually professed among them seven are Kenyan and one Ugandan. Their Charism is Sanctification of the sisters for the Sanctification of Women and their vision is personal Sanctification- Striving to establish the Kingdom of God.

They are missioned to Evangelize especially to women through: Education, special Education (physically Challenged), health Care& Health Education, care for the Aged, care for the Mentally Challenged, pastoral care, social service. They have a motto of “Love and Sacrifice.”

Their Congregation is taking care of ECD in Joy Village (HIV+ orphaned Children)-Ngarariga

All their Health Care ministries are taking special care of Children.

Location: India, Kenya, Uganda and Tanzania

Founder: Rev. Fr. Louis Savenien Dupuis (MEP)

Mission: The mission of the Franciscan Sisters of the Immaculate Heart of Mary Congregation- (FIHM) Pondicherry is to evangelize to women through: Education, special Education (physically Challenged), health Care& Health Education, care for the Aged, care for the Mentally Challenged, pastoral care, social service. They have a motto of “Love and Sacrifice.”

Ministries: “Early childhood development, elderly, orphaned children, health, education and other social activities.

Franciscan Sisters of the Most Pure Conception

The Congregation of the Franciscan Sisters of the Most Pure Conception carry the heart of witnessing the kingdom of God serving the poorest .They were born in Murcia Spain as a result of a devastating flood of the river Segura in 1879. They were founded by, Francisca Paula de Jesus Gil Cano who was called by the Holy Spirit to serve the orphans girls of the catastrophe.

They witness the kingdom of God serving the poorest and needed through our apostolate: orphanages for the children, education, dispensaries for the sick, homes for elderly and other missions, being open to wherever there is a need. Their Charism was born under the spiritual direction of the Franciscan Minors and Mother Mary the Most Pure, She is our Patroness and the model of our project of life and mission: “To be with a Franciscan – Mariam style of life, signs and bearers of the love of God following Christ the Servant of Lord. Our Franciscan ideal is rooted in four pillars, prayer, poverty - minority, fraternity and mission”.

Their communities in Kenya are in Athi River, Machakos, and Nakuru Dioceses

The initial formation in Kenya: Postulancy and Noviciate stages, in total are eight, and in Spain they have two novices. One temporary vow at present and four sisters are finally professed sisters in Kenya. Their role is to give an integral Education to children. They are running a Nursery and primary school where most of the students come from the slums, and single parented. They also run a Nursery School/day care center, Mother Paula School. Some other sisters serve St. Jude Parish, Athi River, Machakos. Another apostolate in Social Service is with the poor families and some elders through a feeding project, and Pastoral services.

Location: Spain, Kenya

Foundress: Francisca Paula de Jesus Gil Cano

Charism: The charism of the Franciscan Sisters of the Most Pure Conception charism is to be born under the spiritual direction of the Franciscan Minors and Mother Mary the Most Pure, She is our Patroness and the model of our project of life and mission.

Ministries: Serving needy students from slums and early childhood development.

Grace and Compassion Benedictine Sisters

The Grace and Compassion Benedictine Sisters carry Christ's love in their hearts. Their mission is to promote Christ's love for all in the community and specifically to express compassion through action to the vulnerable especially the neglected elderly and orphans in order to make their lives have a meaning. Their vision is to nurture, care and have compassion to all especially to the neglected old and orphaned children and to promote a just society. Fourteen sisters are in the process of formation while ten are at present in temporary vow. Seventeen sisters are finally professed.

Mission: The mission of the Grace and Compassion Benedictine Sisters is to promote Christ's love for all in the community and specifically to express compassion through action to the vulnerable especially the neglected elderly and orphans in order to make their lives have a meaning.

Vision: The vision of the Grace and Compassion Benedictine Sisters is to nurture, care and have compassion to all especially to the neglected old and orphaned children and to promote a just society.

Ministries: Serving the old, orphaned children

Handmaids of Mary Immaculate

Sisters of Mary Immaculate have been called to serve and live for God. They are a congregation of sisters in Kenya under the Catholic Church. They were founded by Bishop Philip Perlo IMC. In 1920, in Kenya.

Founder: Bishop Philip Perlo IMC. In 1920, in Kenya.

Location: Kenya

Ministries: Service to the needy

Holy Rosary Sisters, Kenya

Holy Rosary Sisters congregation of sisters is a unique congregation that believes their work to humanity is also service to God. Through their leader s Sister Mary Musa and their Vocation Directress Sister Linda Kiven they have touched the lives of many in a great way.

They have a Ministry at Catholic University of Eastern Africa where Sister Ngozi's teaches Guidance and Counseling. The nuns in the congregation also Minister to children especially the orphans. They discern their vocation to religious missionary life. They believe in "The Joy of the Gospel fills the hearts of all those who encounter Jesus, A joy that is new, a joy that is shared." Pope Francis.

Location: Kenya

Foundress: sr. Mary Musa

Ministries: Education, orphaned children and guiding and counseling.

HOLY SPIRIT NUNS (OSSP)

HOLY SPIRIT NUNS

We are a contemplative Community of the Order of the Holy Spirit in Karen (Resurrection Garden)

Prayer, docility to the inspirations of the Holy Spirit and the practice of charity is our lifestyle. A life of total dedication in sacrifice and prayer for the church, for the Pope in a special way, and for souls in need of spiritual



For more information:

Vocation Animator

Holy Spirit Nuns

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Incarcate Word Sisters (CVI)

Incarcate Word Sisters Congregation in Kenya were born to serve. The congregation which operates under the Catholic Church was founded by Jeanne Chezaré de Matel in 1625 as a Pontifical Order and entered Kenya 1979. Their apostolate is to work in a variety of ministries such as education, health care, prison work, care of the elderly, retreats, counseling, Third World missions, children in crisis, spiritual direction, and parish ministry. They specifically, they make known the mystery of incarnation through Christian education Christian Education in Diverse Levels and health care.

Location: Kenya

Founder: Jeanne Chezaré de Matel

Ministries: Education, health care, prison work, care of the elderly, retreats, counseling, Third World missions, children in crisis, spiritual direction, and parish ministry.

Institute of the Blessed Virgin Mary (Loreto Sisters)

BVM/Loreto Sisters are women drawn to companionship in the service of the Gospel. Inspired by Mary Ward and the Ignatian spiritual tradition, they strive to support growth into freedom through spiritual ministries, education, and any other works which meet the needs.

In the words of our Constitutions: A great love of God, and desire to do good, an attitude of openness to all good works, a freedom to refer all to God, and a readiness to follow the way of justice and sincerity in lightness of spirit: this is the charism that Mary Ward desired to shine through their service. (Const.1.11)

Their mission is to bring the gospel to life by their own witness and by supporting the spiritual development of individuals and communities. They promote a freedom of referring all to God through spiritual ministries, education, and any other works which meet the needs.

Alert to the needs at present and with Mary Ward's breadth of vision, they serve in a wide variety of ministries. Around the world they are found serving in schools, social service centers, shelters for

the abused, trafficked and homeless, retreat and spiritual life centers, rural and urban parishes, as development workers, as prison chaplains, as home visitors, as spiritual caregivers for persons with HIV/AIDS,

in advocacy and lobbying at the local/national levels and the United Nations, and wherever contemporary needs arise.

Institute of the Daughters of Mary Help of Christians (Salesian Sisters of St. John Bosco)

Congregation of the Institute of the Daughters of Mary Help of Christians (Salesian Sisters of St. John Bosco) believe have been called to serve in various areas of need in the community. They have sisters serving in various areas of the ministry .Some of the sisters serve as follows; Sr. Chindia Rosa is Counselor at Salesian Sisters, Sr. Ndekezi Umurerwa Gisele works in Provincial Office, Woodlands Road Hurlingham City Square Nairobi, Sr. Urbanska Katarzyna Is A Vicar In Gisenyi, Rwanda, Sr. Aristizabal Maria Ligia is a Counselor at the Provincial Office, Woodlands Road Hurlingham City Square Nairobi and Sr. Cardinal M. Teresa Cecilia is a Counselor at Salesian Sisters.

Location: Kenya and Rwanda.

Ministries: Counselling and health.

Ivrea Sisters of Charity of the Immaculate Conception

Ivrea Sisters of Charity of the Immaculate Conception Eighty-eight communities in Italy, Argentina, Mexico, Lebanon, Libya, Tanzania, Kenya, Israel, Albania, Turkey, and the United States. The only community in the United States is located in Mount Pleasant, Pa.

Their mission is to offer service gratuitously without recompense, especially to the poor. The congregation was founded by Blessed Antonia Maria Verna (1773-1838).

Their ministries include serving in schools, hospitals and charitable institutions.

Kiio (Kitui)

Kiio congregation in Kitui Diocese believe they are called to offer their charitable services to the needy of Kitui. Kiio was started in the year 2009. Their services to community include, Kiio Polytechnic which offers the Carpentry, Masonry Mechanics, Dressmaking and hairdressing to trade test levels III and II. They also have classes in Business, Book keeping, Typing Computers, Cookery, Crafts, English, Health, Hygiene, and Agriculture. There is a VCT program offered for staff as well as students

There are also outreach services and Pastoral ministries within the parish.

Location: Kitui

Ministries: Education

Little Sisters of Jesus

Little sisters of Jesus are a congregation of sisters strive to be intimate friends of Jesus by sharing his work of salvation to the people. The congregation sisters have a life of friendship and ordinary work among people of different origins, especially the marginalized, the poor – to be with them; a presence of the Church there.

They live in small communities from different races, nations, tribes, loving one another; they try to light “little fires of love and unity” in the world. They are about 1200 little sisters dispersed on the five continents, of 65

nationalities. In Kenya they are in Nairobi South B, Kibera, Umoja II, Kebeneti in Kericho Diocese and Kajiado in Ngong Diocese. The novitiate for English speaking little sisters is in Arusha, Tanzania.

Location: Kenya

Ministries: serving the marginalized, poor

Little Sisters St. Joseph

The Little Sisters of St. Joseph are an apostolic congregation with a big heart to serve the needy. They believe in service to men and women, they are always ready to assist where their helping hands are needed most. They started their charity work in 2001 to respond to the needs of the time that rose from the environs in which it is established. This remains the purpose of this Congregation with the mission of the church and according to the charism developed and lived by their Founder Mgr. Peter Joseph Savelberg.

Their current apostolate includes: Medical services where they have sisters who are working in the hospital as nurses, clinical officers and pharmacists. In Education, they have sisters who are teaching in the schools and they also take care of the physically challenged children. They also have pastoral and social services. They run Savelberg Retreat Centre under the Catholic Religious Congregation of the Little Sisters of St. Joseph.

Founder: Mgr. Peter Joseph Savelberg.

Location: Kenya

Mission: The mission of the Little Sisters of St. Joseph is to serve men and women in the society.

Ministries: Education, health, helps children living with disability and run a retreat centre.

Maryknoll Sisters

Maryknoll Sisters congregation believe in giving witness to God's love and devoting their lives in serving. They serve the communities through their silks as nurses, doctors, teachers, theologians, social workers, environmentalists and more, they serve the needs of the people – the poor, the ailing and the marginalized – where the sisters are missioned. Their mission began in 1912, when they became the first group of Catholic Sisters in the United States to be overseas. Today they have approximately 421 Sisters serving in 24 countries worldwide.

Location: Worldwide

Ministries: Health, education and social work

Medical Mission Sisters

Medical Mission Sisters have placed their foot in care and treatment of those affected and infected with HIV /AIDS. They are an international Congregation running a dispensary in Homabay County, Angiya Dispensary. Homabay county is one of the counties in Kenya that have HIV /AIDS highest prevalence rates. The dispensary is a Catholic Facility which was starting in 2006, founded in Homa-Bay Diocese in Kenya.

The vision of the facility is to offer Quality Healthcare to the community members in this remote part of Kenya. Their services include: prevention, curative rehabilitative health, HIV/AIDS counseling and testing, provision of Antiretroviral drugs to HIV positive clients, immunization for children fewer than five years, antenatal care for pregnant women, maternity services, Prevention of Mother to child transmission (PMTCT)

laboratory services, Pharmacy services, outreach clinics. The sisters offer community follow-up of those patients that need home based care and do outpatient services.

Some of the challenges they come across as they serve the community here are: the high number of those infected by HIV/AIDS. They have so many clients who come for ARVs to their facility.

Due to high rate of this disease/infection, the number of orphans and widows and widowers is also very high. Due to poverty, most the patients they treat in the facility are unable to pay for the services. This makes it hard for them to purchase the basic drugs, laboratory reagents, pay the staff and run other medical activities.

Location: Kenya, Homabay County

Vision: The vision of the Medical Mission sisters is to offer Quality Healthcare to the community members in this remote part of Kenya.

Ministries: HIV/AIDS care and treatment, School.

Medical Missionaries of Mary

The medical missionaries of Mary have a heart of serving the needy in marginalised and arid areas in Kenya. Founded by Mother Mary Martin in Nigeria in 1937, they serve in 14 countries and three continents of the world. Their special concern is on the care of mother and child and the fostering of family life.

They opened their first mission in Turkana , Kenya in 1962 in response to famine that gripped the area after drought and torrential rain that led to loss of human life and livestock from 1959-1961.

As an international congregation, they do not have their formation house here in Kenya however at the moment they have 14 young women in formation. They have 10 Temporary professed sisters and 14 finally professed sisters in Kenya. Medical missionaries of Mary seek God and Christ Kingdom through sharing Christ's healing mission in the world today.

Their charism places them in the world of health and medicine, for the missionary service of the universal church beyond boundaries of culture, nation, religion and ideology. They are more on medical services provision and care. In the promotion of early childhood development their involvement starts from the moment the child is conceived in the womb. In their Health Centres, they run antenatal clinics that help to monitor the progress of the fetus growing in the mother's womb. They also have programs that take care of mothers that are infected by HIV (PMTCT) to ensure that HIV is not transmitted from mother to child during and after delivery. They also take care of orphaned children.

Location: International and Kenya

Foundress: Mother Mary Martin

Charism: The charism of the medical missionaries of Mary places them in the world of health and medicine, for the missionary service of the universal church beyond boundaries of culture, nation, religion and ideology.

Ministries: Health, taking care of orphans and early child hood development.

Mission of the Felician Sisters

The Felician Franciscan Sisters believe they have been called by God to cooperate with Christ in the spiritual renewal of the world. Their Parishes are based in Kyeni, Matiri, Embu, Nanyuki, Nyeri, Ruiru and Nairobi. The congregation was found in 1855 by Blessed Mary Angela Truszkowska in Rome-Italy. Its entry in Kenya was in 1983.

Their Charisma is the earliest chronicles and memoirs recount how the charism of the Congregation which was expressed by the first Felician in lives centered in prayer and overflowing into ministry. Since the Congregation had its origin in social services, diverse forms of charitable acts became inseparable from the Felician vocation they offer their services to Orphans, poor women, and the disabled. They also respond to the needs of the Church, Boundless love of God compassionate. Their apostolate is availability and concern for the salvation of all people.

Location: Italy, Kenya (Kyeni, matiri, Embu, Nanyuki, Nyeri, Ruiru and Nairobi).

Charism: The charism of the Mission of the Felician sisters is anchored in prayer and overflowing into ministry.

Ministries: Serving the needy, disabled women

Missionaries of Charity

The Missionaries of Charity congregation have children close to their hearts. They run a formation House for the Postulancy and Novitiate where they run a home for the abandoned babies (Orphanage – children's home). They also take care of 55 Women who are sick and handicapped and old and also take care of 78 orphaned children.

Some of the children under their care are; 55 children who are mentally / Physically Handicapped a 272 Slum School Children look depend on the sisters. Other services include dry food distribution, Sunday school and family visiting in eight areas which include Kariobangi, Korogocho, St. Benedict, Huruma, Baba Dogo, St. Maurice, St. Stephen, St. Bakhita.

Location: Kenya

Ministries: Taking care of the sick, old, handicapped children, orphaned children and a home for abandoned children.

Missionary Congregation of the Evangelizing Sisters of Mary

The mission of the Missionary Congregation of the Evangelizing Sisters of Mary believe in serving by holding onto Christ's holistic ministry here on earth, thus redeeming the whole person. By doing this, Sisters in the spirit of a Good Shepherd endeavour to liberate and alleviate them from sufferings caused by all kinds of poverty. They have twenty six Novices. Thirty one Sisters are temporary vows at present. 271 in total are the finally professed.

The Congregation was founded in Moroto diocese Uganda in 1975 by two Comboni Missionaries namely Rt. Rev. Sisto Mazzoldi and Very Rev. John Marengoni. Currently, there are 302 professed Sisters coming from five Countries in Africa; Democratic Republic of Congo, Uganda, Kenya, Tanzania and South Sudan. So far they are serving in nine countries, South Africa, Tanzania including Zanzibar Islands, Kenya, Uganda, and South – Sudan, Italy, United Kingdom, Cuba and United States of America.

They have four formation Centres and 42 apostolic Communities spread in thirty different Arch/dioceses in different countries and continents.

Their Charism is moved by the Pierced Heart of the Crucified Jesus Christ the Good Shepherd; we are called to announce the Good News of the Risen Lord Jesus Christ to non-Christians by carrying out primary Evangelization through Catechetical Instruction; Planting the Church where it is not yet planted and bringing to its full development where it is already implanted. Their vision is to bring the whole person to the totality of human dignity by uplifting the whole person spiritually, psychologically, socially, intellectually, morally and materially, through the proclamation of the Good News of the Kingdom of God.

As part of their Evangelization work they offer their services to children under five years and their caregivers (parents & guardians) through health care services from conception to birth, education (ECDE) Nursery Schools, nutrition/feeding program, psych-social services especially to orphans & vulnerable children, lobbying for child protection within their Congregational institutions and ministries. They also care for the spiritual being by offering spiritual Sunday school and Pontifical Missionary childhood (PMC) program, imparting skills to caregivers and provision of clothing and shelter to the poor children.

Founders: Rt. Rev. Sisto Mazzoldi and Very Rev. John Marengoni.

Location: South Africa, Tanzania including Zanzibar Islands, Kenya, Uganda, and South – Sudan, Italy, United Kingdom, Cuba and United States of America.

Charism: The charism of the Missionary Congregation of the Evangelizing Sisters of Mary is to move by the Pierced Heart of the Crucified Jesus Christ the Good Shepherd;

Mission: The mission of the Missionary Congregation of the Evangelizing Sisters of Mary is to announce the Good News of the Risen Lord Jesus Christ to non-Christians by carrying out primary Evangelization through Catechetical Instruction; Planting the Church where it is not yet planted and bringing to its full development where it is already implanted.

Ministries: Serving the needy, early childhood development, health, education and advocacy

Missionary Contemplative Movement “Fr. De Foucauld”

This community was started in October 7, 1951 when Fr. Andrea Gasparino from Cuneo, Italy welcomed five street children and began living with them. The boys were homeless and without a family, the outcome of the second world war (1940 – 1945).

Fr. Andrea became known as “the Father” of the boys. At first some lay volunteers joined him and together they cared for the boys. Among them there were some young girls who, within a few years, became the first religious sisters belonging to the Community.

Since the beginning, everything has been lived in complete trust to the Providence of God. Meanwhile, the importance of prayer became quite clear and indeed the core of their lives especially, in order to face with faith the sufferings and problems of the boys and entrust them to God.

At present in Kenya, there are two sisters with temporary vows and eight sisters fully professed.

The Charism is being contemplative which makes them present to them and attentive to God, to his love and forgiveness. In silent prayer they surrender to the work of the Holy Spirit so that God’s Word can mould their hearts into the heart of Christ and lead them gradually to follow his example in living daily life and in meeting people on their way.

The aim of their service is to offer Christ's Good News, also by sharing their experience of prayer, when possible. They come from different countries and cultures, but they are made one in mind and heart through the work of the Holy Spirit.

In 1966 the first fraternity in Kenya was founded in the Parish of Gatonga-Meru. Two fraternities were opened in Mandera Town (Garissa Diocese) in 1971. In 1972 a fraternity was opened in Nairobi in the slum of Mathare Valley. In 1983 a fraternity was established in Elwak (Garissa Diocese). In 2011 a fraternity of sisters was established in Kakuma (Lodwar Diocese). In Mathare Valley, the sisters are close to street girls, young mothers, HIV infected people, teenagers and youth. Any activity is always run in very small scale, in order to be rooted in personal relationship with people and in collaboration with Small Christian Communities. In Kakuma, the sisters dedicate their presence and their life to the refugees who are hosted in the area.

Missionary of the Crucified Jesus

Missionary of the Crucified Jesus congregation hold children close to their hearts. Two sisters serve in a program for Street children programs called Maria de Lourdes do Patrocínio Cecília Gomes Pedro Cardoso in Lodwar where around 1600 children are cared for. They give the children education and other basic needs.

Location: Lodwar

Ministries: Street children, education

Missionary Sisters of Our Lady of Africa (White Sisters)

The Missionary Sisters of Our Lady of Africa (White Sisters) were founded in Algeria, in 1869 by Cardinal Charles Lavigerie. Mother Marie Salome is their first Superior General. They are women apostles, consecrated and rooted in Christ, in love with God's desire for the African world today.

They were founded in Kenya in 1907. They have just opened a new community in Malindi to work with children who have been abused. They are also involved in ministries against Human Trafficking. Their legacy has been in education at all levels.

They have two communities in Nairobi; one is located in Hurlingham, Adams Arcade. The other is located in South B, near Our Lady Queen of Peace Parish. Living in these three communities are; three postulants in the process of formation, 4 sisters in temporary vows and 10 sisters with final vows all involve in different activities all for the greater glory of God. (Social work, administration, counseling, pastoral work and Studies).

The sisters play a big role in promoting Early Childhood Development from zero to five years.

They provide maternal health care and health education to mothers on the care and development of the child; this is done during antenatal and post-natal care. The sisters also provide social and educational support to children between 3 yrs old and above, through distance adoption program.

The sisters engage in providing PPI education program in the primary school in the slum.

They provide education to children from 3 years and above to physically challenged children at the rehabilitation Centre. Through initiating small women empowerment project, the sisters helps the women improve their livelihood so that they provide the needs of their young children.

Missionary Sisters of Our Lady of the Holy Rosary

The missionary sisters of our lady of the Holy Rosary seek to serve God by offering their noble services to the needy. They are an International Congregation founded in 1924 by Bishop Joseph Shanahan, a Spiritan Irish Missionary to dedicate them totally in sharing the good news of Jesus Christ with God's people. They express their missionary charism by their readiness to be sent and going beyond the borders of their country and culture and sharing the good news with those in any kind of need especially the poor, oppressed and exploited. They value with respect and reverence the God and their need to seek forgiveness and reconciliation.

Today the Missionary Sisters of the Holy Rosary work and live in 15 Countries, Kenya included. They have five sisters in the process of formation, eight temporary professed sisters and twelve finally processed sisters. They have other formation houses in other countries.

They serve God's people through; Education, Health, Pastoral & Community Development. They promote Early Childhood Development through the training of ECDE Teachers in one of their institutions, Holy Rosary College, Tala and through Catechism classes in the Parish in Thika.

Location: Worldwide and Kenya

Founder: Bishop Joseph Shanahan

Ministries: They serve in early childhood development, Health, pastoral work and community development projects.

Missionary Sisters of Saint Charles Borromeo

The Missionary Sisters of Saint Charles Borromeo trace their service to humanity origins back in 2004. Rachele Paiusco, followed by other young women, was moved by the encounter with the Priestly Fraternity of the Missionaries of Saint Charles Borromeo, and desired to share its life and ideals by living in communion with it. From the very beginning, a small community formed, united by the same desire. The community received its first diocesan recognition in 2007 where a Private Association of the Faithful by the Bishop of the Diocese of Porto-Santa Rufina, Mons. Gino Reali was formed. The Missionary Sisters of Saint Charles Borromeo were therefore founded Fr. Paolo Sottopietra. Missionary Sisters of Saint Charles are called to serve the charism of Fr. Giussani by living mission throughout the world. They do this in communion and friendship with the Priestly Fraternity of Saint Charles, acting with it in unity of spirit and intent, and collaborating where possible. On March 25, 2011, in the presence of Mons. Gino Reali, saw Sister Rachele take the first definitive vows and, on the same occasion, the Missionary Sisters were recognized as a Public Association of the Faithful.

Mission is conceived as witnessing to the beauty, truth, and freedom that one lives, thanks to the encounter with Christ and to familiarity with Him. In order to give their lives to Christ, the Missionary Sisters take vows of virginity, poverty, and obedience, and wear a habit that recalls to whom they belong.

The Missionary Sisters work in the world, dedicating themselves to the announcement of Christ present and to the education of faith. They make themselves available to go wherever the needs of the Church and the Movement of Communion and Liberation require their presence, performing tasks and professions useful to this aim: in schools, hospitals, parishes, and works of charity.

Currently, there are 21 Missionary Sisters of Saint Charles Borromeo, and they are present in Italy and Africa. In Rome, where the motherhouse is located, they collaborate with the priests of the Fraternity of Saint Charles in several parishes. Houses in Reggio Emilia, at the service of Mons. Massimo Camisasca, and in Nairobi, Kenya, were established on December 10, 2012.

Location: Italy, Africa

Founder: Fr. Paolo Sottopietra

Mission: The mission of the Sisters of Saint Charles Borromeo is to witness to the beauty, truth, and freedom that one lives, thanks to the encounter with Christ and to familiarity with Him.

Ministries: Service in schools, hospitals, parishes, and works of charity.

Missionary Sisters of the Catechism

Missionary Sisters of the Catechism live in Eucharistic nourishment where they serve the needy in the society. They are an active congregation with an institute of pontifical right, founded in 1939 by a Diocesan priest Fr. Vincenzo Ida' in the southern part of Italy.

They have been present in Kenya since the year 1985 in the Archdiocese of Nairobi at Lang'ata, Ngong diocese –Mulot and Ngong' parish and Eldoret Diocese.

Their Charism comes and shines forth in just one saying of Jesus "I am the Bread of Life "Their Mission and vision is being living from the Eucharistic nourishment, the missionaries of catechism following the footsteps of the founder live in prayer, love for the mother of the word and break the bread of life in many ways in their apostolate. They evangelize by breaking the bread by their way of dedication in Caring of the elderly, Catechesis, social work, health care, pastoral work and in the education sector.

They also serve in any other form of apostolate according to the requirements of the church and by the circumstances and needs of the present time, especially where Christ is abandoned and is not known.

The congregation's role in promoting early childhood development is instructing of the mothers in matters of faith as they prepare for the baptism of their infants and later at the age of four and beyond where they introduce these children to the faith.

There are 12 sisters in process of formation. Members at Mikinduri Road, four novices, four postulants and four aspirants residing in St. Joseph's formation house in Bomas of Kenya. Twelve Sisters are on temporal vows while perpetual members are 21.

Founder: Fr. Vincenzo Ida'

Location: Italy and Kenya

Mission and Vision: The vision and mission of the Missionary Sisters of the Catechism is to live from the Eucharistic nourishment, the missionaries of catechism following the footsteps of the founder live in prayer, love for the mother of the word and break the bread of life in many ways in their apostolate.

Ministries: Early child hood development and maternal health

Missionary Sisters of the Holy Family

Missionary Sisters of the Holy Family is an international congregation whose goal was to work toward the unity of Orthodox Christians with the Catholic Church. Soon after, in 1907, the whole community of sisters moved to Petersburg. Sisters taught all children and youth despite their religion and nationality.

In Kenya the congregation has their own mission in Meru diocese. It was established in 1990. Two sisters teach in the mission grade school. Sr. Eva runs the clinic in the village, Kithatu; she hired the nurse and a lab worker.

Every day, they see anywhere from 20 to 50 patients. People from the neighborhood and students from vocational school nearby are treated in the clinic. Children are given vaccines. They take care of handicapped children.

Sisters work in parish by take care of all high schools located in parish's territory. They constantly visit each of the schools. They meet with Catholic youth; organize talks, presentation, and prayer services. Sometimes, youth from Protestant church like to participate in those activities. Sr. Imelda organizes help for orphans and children from poor families. Sister decides about the need for help upon visiting the family and identifying its situation.

Nazareth Sisters of the Annunciation

Nazareth sisters of the Annunciation congregation endeavour to uphold families similar to the Holy family of Nazareth. They are a local Congregation founded in 1955 in the Diocese of Meru, by a Consolata Bishop - Rt. Rev. Lawrence Victor Bessone, IMC, who was the first Bishop of the Diocese. They engage in different social work geared to promoting family life, and specifically in uplifting the dignity of women and children, who at the time of foundation had very low standards of life. Thus the name Nazareth depicts this charism whereby they endeavour to uphold the families to the like of the Holy Family of Nazareth.

Their spirituality is centred on the mystery of the Annunciation which illustrates the honor given by God to a woman who would bring forth a special child. Mary's yes to God is their inspiration in their religious call and they endeavor each day to announce and witness God's love in the spirit of the Nazareth family.

They carry out different social work activities within the Dioceses of: Meru, Embu, Isiolo, Marsabit, Lodwar, Nyahururu, Nairobi, Malind, Morogoro (Tanzania), De Moines, IOWA, USA

Their areas of apostolate include: education, health, pastoral works, care of orphans and the aged, home visiting, and women social welfare, among others. They have embarked on sending many of their Sisters who are in teaching profession to ECDE training and Catechetical Studies. The Institutions and Programs; St. Luke's hospital Kiamuri. There Dispensaries Gitoro, Nkabune Mujwa all in Meru, Mobile Clinics, Nursery Schools, Primary Schools, Hostels, Children's Home all in Meru diocese. Currently, they have the following membership: ten candidates in Pre-Novitiate, six candidates in the Novitiate, 28 temporary professed Sisters and 146 are perpetually professed Sisters. Their charism is to promote family life and their mission is to use all their social apostolate to induce Christian family values to the families who today are under attack of modernism and Materialism.

Location: Meru, Embu, Isiolo, Marsabit, Lodwar, Nyahururu, Nairobi, Malindi, Morogoro (Tanzania), De Moines, IOWA and USA.

Founder: Rt. Rev. Lawrence Victor Bessone, IMC

Charism: The charism of the Nazareth sisters of the Annunciation is to endeavour to uphold the families to the like of the Holy Family of Nazareth.

Ministries: Early childhood development, education, and other social; services

Philippian Daughters of Mary of Sorrows Congregation (F.D.M.S)

Philippian Daughters of Mary of Sorrows Congregation are dedicated to serving the vulnerable in the communities. Their service is to help attend adolescent mothers with their children and a primary school. However they are very new in the country therefore facilities have not yet been put up.

Poor Clare Nuns

Poor Clare Nuns saw a transformation in their congregation when in 1990 the Arundel community voted to make a foundation in Kenya. In October 1991 three sisters travelled to the Poor Clare community in Mbarara, Uganda to experience African Poor Clare life and in March 1992 they then moved to Kenya at diocese of Bungoma where they had been invited by then Bishop, Longinus Atundo.

They were offered land near the village of Myanga by a local family who wished to donate it in memory of their parents. The sisters returned to UK for more consultations with the Arundel community and in October 1992, after a Mass of Missioning, they came to Kenya. They settled in Myanga and supervised the building of the Monastery and the first Mass was celebrated on 1 December 1992.

Their work in Myanga village in the diocese of Bungoma is situated in Western Kenya. They serve many young Kenyan women who are beginning the process of discerning whether they are called to Poor Clare life and they pray daily for more young women to join them.

Their contemplative life of prayer and praise is centered on the celebration of Mass, the Divine Office and daily adoration of the Blessed Sacrament. They pray for the needs of the Church, Their diocese and the many people who come to them for help. They also spend a good part of the day working at simple tasks; cooking, cleaning and growing food. They make church vestments, candles and rosaries.

Location: Kenya – Bungoma County

Ministries: Serving the poor and social work to the church

Poor Handmaids of Jesus Christ (PHJC)

The Poor Handmaids of Jesus Christ believe they have been called to reach the street children. The sister congregation runs a Street children programs known as St. Joseph's childrens home where three sisters serve. Two sisters also serve at St. Francis mixed day and boarding school in Mitunguu Market, Meru. They run a hospital facility in the Diocese of Meru called St. Anne Mission Hospital-Igoji. Four sisters work in this facility and are helped by about 68 lays. They also run Mworoga Outreach program, a dispensary in Meru County.

Location: Kenya, Meru

Ministries: street children, education and health.

Religious of the Assumption Sisters

Assumption Sisters are a diverse group of women from all over the world who live together in close-knit, joyful communities. Prayer, the heart of their life, is how they come to know and love Jesus, and with Him, love the world and its people. It is also at the heart of their educational mission. In the Assumption, education is understood as a process by which the human person is freed and society transformed. That freedom marks their life together in community, as well as their work for the coming of the Kingdom of God.

School sisters of notre dame

The congregation of Sisters of Notre Dame work tirelessly to offer their services to those in need. The congregation was founded by Gerhardt Blessed Mary Theresa of Jesus nger in Germany 1833. They are involved in different ministries such as Education in all levels, Pastoral Work, Social Work, Administration, Counseling, Chaplaincy, Law, Nursing, Accounting, Formation, Secretarial Work, Retreat, Peace and Justice etc. Their mission is to proclaim the good news as School Sisters of Notre Dame, directing our entire lives toward that oneness for which Jesus Christ was sent.

Their charism of is about transformative education with the world vision that people can reach their full potential. In their approach to education, they accommodate all preferring the needy especially children, women and the marginalized.

In Kenya, they work in the archdioceses of Nairobi and Kisumu as well as in the dioceses of Kisii, Kericho and Homa Bay. In Nairobi the School sisters of Notre minister in education too. In Kisumu diocese, they are involved in Formation work and private primary school run by the Dominicans Fathers. In Kisii diocese, the sisters work in government primary schools and Early Childhood Development Education (ECDE) owned by the diocese. In Kericho diocese they are working in a high school for girls owned by the diocese. In Homa Bay diocese they are working in an outreach programs for vulnerable children and adolescents mostly those who are coming from families who are affected and infected by HIV/AIDS.

Location: Germany and Kenya

Mission: The mission of the Sisters of Notre Dame is to proclaim the good news as School Sisters of Notre Dame, directing our entire lives toward that oneness for which Jesus Christ was sent.

Foundress: Gerhardt Blessed Mary Theresa of Jesus nger

Ministries: Early Childhood development, health and education

Servants of the Sacred Heart of Jesus and of the Poor

Servants of the Sacred Heart of Jesus and of the Poor a religious Congregation believe they have been called to be bearer of mercy to the most poor for them they are to configure ourselves with Christ, who is Servant and merciful, They are to be true disciples and missionaries of the Merciful Heart of Jesus. They were founded by the priestly heart of St. Jose Maria de Yermo y Parres since 13th December, 1885 in Leon, Mexico. They consecrate their lives to the Heart of Christ and to the service of the brothers, sisters and the Poor.

They have two sisters in formation; three sisters with temporal vows, 24 sisters are in perpetual vows.

Their charisma of the Servants of the Sacred Heart of Jesus and of the Poor is the living of the spirit of the founder. They try to configure ourselves with Christ, who is Servant and Merciful. This configuration is manifested in the spirituality of love and reparation to the Sacred Heart of Jesus. They have been called to be bearers of mercy to the most poor for them they are to configure ourselves with Christ, who is Servant and merciful. They consecrate their lives to the service of the Poor through: Education, health, care of orphans and the elderly, pastoral work in parishes, care of women prisoners and in missions

They have a vision of being an Institution that serves as Pastoral Agents of Health to the people that in need. Their dispensary and health Centre cares for the pregnant mothers by providing maternal health trainings.

Location: mexico and Kenya

Founder: St. Jose Maria de Yermo y Parres

Vision: The vision of the Servants of the Sacred Heart of Jesus and of the Poor is to be an Institution that serves as Pastoral Agents of Health to the people that in need. Their dispensary and health Centre cares for the pregnant mothers by providing maternal health trainings.

Ministries: Health, maternal health, serving orphans.

Sister Ministers of the Infirm of St. Camillus (Camillian Sisters) MI

Sister Ministers of the Infirm of St. Camillus (Camillian Sisters) MI are a congregation that believe in serving the needy. They operate in different parts of the World. They help the communities by engaging in health education to families, visiting, assisting, and providing integrated, comprehensive and professional health services to the poor, sick, suffering and dying, and abandoned needy brethren, both in the hospital setting and at homes. Their Charism exists to sustainably witness the merciful love of Christ by visiting, assisting, and serving the sick even at the risk of life, the poor need and abandoned. Their mission being to sustainably witness the merciful love of Christ by visiting, assisting, and serving the sick even at the risk of life, the poor needy and abandoned and vision aims at envisioning a self-sustaining congregation and society through new evangelization in the health care world. The congregation promotes early childhood development through health care apostolate, the sisters provide maternal health care and health education to mothers on the care and development of the child; this is done during antenatal and post-natal care. The sisters also provide social and educational support to children between three years old and above, through distance adoption program.

The sisters also engage in providing PPI education program in the primary school in the slums.

The sisters provide education to children from three years and above to physically challenged children at the rehabilitation Centre. Through initiating small women empowerment project, the sisters help the women improve their livelihood. There are Sisters on recruitment and formation of the local vocations (sisters) that started in 1987. Those perpetually professed are 30, temporarily professed are five while the sisters in formation process are ten.

Location: Worldwide

Mission: The mission of the Sister Ministers of the Infirm of St. Camillus (Camillian Sisters) MI is to sustainably witness the merciful love of Christ by visiting, assisting, and serving the sick even at the risk of life, the poor needy and abandoned and vision aims at envisioning a self-sustaining congregation and society through new evangelization in the health care world.

Ministries: Early childhood development, education and other social needs.

The Sisters of Mary of Kakamega

Sisters of Mary of Kakamega (SMK) is a Religious Congregation that was founded with the aim of spreading the Good News and fostering the education of the African women so as to uplift their standards of living in a world where they seemed to be completely marginalized by their male counterparts.

The Congregation was started by the late Bishop Brandsma, a Mill Hill Missionary in 1932 in the Diocese of Kakamega in Kenya. He requested the help of the Ursuline Sisters from Bergen-Holland as to assist with the religious formation of the African girls who wished to become sisters. Some of these young girls were also trained as religious nuns to help other girls and women to learn to be self-sufficient in order to enhance and improve their standards of living.

The congregation started off with only five girls in 1932 but today they have grown to approximately 360 Sisters. With time and God's blessing, the congregation has spread beyond this diocese and has 76 houses opened up in Kakamega, and in other dioceses in Kenya, Tanzania, Uganda, and Sudan and now in the USA.

Sisters of Mary of Kakamega (SMK)

Sisters of Mary of Kakamega hold on evangelism as their pillar to serving the needs humanity. As a congregation they are primarily engaged in the work of Evangelization through missionary activities with the aim of witnessing to the Gospel and pursuing perfect Charity by following Jesus Christ in living community life. These Sisters of Mary also take vows of Chastity, Poverty and Obedience for the glory of God.

Sisters of Mary have dedicated themselves to reaching out and supporting God's people through Christian formation and other forms of apostolic activities like teaching, care of the sick, catechises, communication, social work, and other forms of Evangelization. Charism of the Institute is to share in the Redemptive Mission of Jesus Christ the Great Teacher and Healer. The Spirit of the Sisters of Mary is Persevering Love and Service i.e. in emulation of the Blessed Virgin Mother. In imitation of the Blessed Trinity and the early Christians, Sisters of Mary practice community life through their Charism, common mission, vows, prayer life, sharing everything in common as a prophetic sign of God's Kingdom. The spirit of the Sisters of Mary is lived out by following the Augustinian Spirituality characterized by Faith in God, Interiority, Love and Apostolic Service, Discovering God in Community, Holy Scripture as a primary place of encountering God, and Promotion of Justice, Unity, Harmony, Peace and Reconciliation. The congregation runs vocational schools for youth who are orphaned and needy. They are based at the Sisters of Mary of Kakamega, Generalate House Kakamega, Kenya.

Location: Kakamega County

Charism: The charism of the sisters of Mary is to share in the Redemptive Mission of Jesus Christ the Great Teacher and Healer.

Ministries: Education, serving the orphans

Sisters of Mary Reparatrix

Sisters of Mary Reparatrix are an international congregation of religious women who serve without no boundaries founded in France in 1857 by mother Mary od Jesus, rooted in the love of Christ, led by the Spirit, who manifest the tender love of God, and seek to bring healing to a broken world.

Their charism is to make reparation with Mary. In Kenya, the following are sisters in formation. There are 14 novices one temporary vows at present in Kenya and nine sisters who are finally professed. Their mission is to know God and make him known, to love him and make him loved and to adore him and make him loved. They express their charism through prayer, adoration, guiding retreats, accompaniment/spiritual guidance, human promotion and other pastoral ministries.

They are present in three continents and 24 countries. In Kenya, they are involved in; facilitating a center for deprived girls where they are taught embroidering, tailoring, hair dressing, food nutrition and other short courses.

Sisters of Mary Reparatrix programs for example in Kibera run a street children program and Kibera Living Water Centre.

Foundress: Mother Mary od Jesus

Location: International including Kenya (24 Counties)

Mission: The mission of the sisters of Mart Reparatrix is to know God and make him known, to love him and make him loved and to adore him and make him loved.

Ministries: Street children, prisoners, skills empowerment.

Sisters of Notre Dame

Sisters of Notre Dame believe have been called by God into being a congregation with a difference to the people. In the unfolding of their history they recognize the signs of his goodness and provident care. The congregation was founded in Coesfeld, Germany, during a time of religious and social need. A young teacher, Hilligonde Wolbring, out of love for the poor, took orphaned and neglected children into her home. Together with Elisabeth Kühling, her friend and colleague, she educated and cared for them. Both women had been formed in the spiritual and pedagogical tradition of Bernard Overberg.

Their charism and spirit remain alive in the Church through witness of life and apostolic service. In fidelity to their charism, they participate in the mission of Jesus Christ, witnessing God's goodness and provident care to others. The Church sends them through their congregation to assist their sisters and brothers to direct their lives to God in faith so that all may experience God's goodness.

Sisters of Notre Dame share the special gifts of the Holy Spirit given to their spiritual mother, Julie Billiard, to their foundress, Hilligonde Wolbring, and to their co-foundress, Elizabeth Kühling. Hilligonde's charism, a deep experience of God's provident care, moved her to a compassionate love for others, especially poor children.

Through the formation, the living tradition, and the Constitutions which their first Coesfeld Sisters received from the Amersfoort Sisters, their congregation shares in the charism of Julie Billiard, a deep experience of God's goodness: "Ah, qu'il est bon, le bon Dieu!"

Their ministries include; Catechesis, Education, Formation for Religious Life, Hostel for Children and Vocation Awareness Programs.

Location: Germany and Kenya

Foundress: Hilligonde Wolbring

Ministries: Catechesis, Education, Formation for Religious Life, Hostel for Children and Vocation Awareness Programs

Charism: The charism of the Sisters of Notre Dame is to alive in the Church through through witness of life and apostolic service.

Sisters of Our Lady of the Missions

Sisters of Our Lady of the Missions have been called to serve without seizing. They are a religious missionary institute of pontifical right founded in Lyon, France in 1861 by Euphrasie Barbier.

Their history dates to when Euphrasie Barbier received a particular gift to understand that the Trinity is the source of all missionary activity; her profound experience of God led her, under the impulse of the Holy Spirit to found in the church a Religious missionary Congregation whose members would live the grace of consecration for the Divine missions through contemplation, communion and mission.

They believe their ministry depends on the needs of the local needy people. They help those in especially marginalized women and children, the poor and oppressed, through various forms of education and social ministry, Health care, interfaith dialogue, enabling them to live with dignity, respect and as responsible

members of society. Their mission is participating in the Divine Missions calls us to be Sisters who live in harmony, strengthening relationships among ourselves, with mutual regard for one another's giftedness, potential and limitations. Three sisters are in the process of formation, three are presently with temporary vows. They have one sister trained as ECD teacher working in a parish school, and another sister working in our health facility which cares for welfare of children less than five years.

Location: International

Founder: Euphrasie Barbier

Mission: The mission of the Sisters of Our Lady of the Missions is to participate in the divine Missions which calls them to be Sisters who live in harmony, strengthening relationships among themselves, with mutual regard for one another's giftedness, potential and limitations.

Ministries: Early childhood development, education and social work.

Sisters of Saint Mariana of Jesus

Congregation of the Sisters of Saint, Mariana of Jesus or "Marianitas Sisters" have been called to live in a radical Community Life nourish in their lives with the Eucharist and by reflecting on the Word of God committing their lives to self-denial by embracing the cross and loving others.

They were founded in 1873. The Marianitas sisters are the first native congregation of Ecuador. They believe the blessed Mother Mercedes Molina is alive and active by the presence of the Marianitas Sisters in the Church. Her charisma and spirituality continues to flourish in the five continents in 16 countries Ecuador, Colombia, Venezuela, Peru, Bolivia, Chile, Mexico, Dominican Republic, Puerto Rico, U.S.A., Spain, Guinea Bissau, Papua New Guinea, Ethiopia, the Philippines and Kenya.

Their Charism is to follow Jesus on the way of the cross with passionate love and in fraternity to collaborate with His mission with preference for the suffering and afflicted hearts of the world, and showing merciful love where they are.

To keep their identity - "as many" and apostolic tasks- "as many afflicted hearts there are in the world" it helps them hold on their only mission to announce the Living God and Jesus Christ whom he sent to save everyone. Let each one contribute to this common task, "according to the gifts they have received, let them serve others with these gifts" as good distributors of God's manifold grace.

They evangelize through Pastoral activities, Education in schools, Home for children (Orphans), help for the Elderly, Social Work human promotion, Mission among others.

Location: Ecuador, Colombia, Venezuela, Peru, Bolivia, Chile, Mexico, Dominican Republic, Puerto Rico, U.S.A., Spain, Guinea Bissau, Papua New Guinea, Ethiopia, the Philippines and Kenya.

Foundress: Blessed Mother Mercedes Molina

Mission: The mission of the Marianitas sisters is to announce the Living God and Jesus Christ whom he sent to save everyone. Let each one contribute to this common task, "according to the gifts they have received, let them serve others with these gifts" as good distributors of God's manifold grace.

Ministries: Education in schools, Orphans, help for the Elderly, Social Work human promotion, Mission among others.

SISTERS OF ST. ANN

Sisters of St. Ann was started in Switzerland in the year 1909 by Rector Fr. Wilhelm Meyer. His main aim of starting the Society was to help the women and children in child birth which was common problem in Switzerland at that time.

Fr. Wilhelm Meyer was a highly spiritual man with a far vision and he was moved with compassion for the suffering humanity.

The Charism of our Society is "Live to reveal the merciful love of Jesus". As per the vision of the Founder, Sisters of St. Ann left for India to start our mission there in 1927 and to Africa in 1990. The first community in Africa was in Tabora, Tanzania. In Kenya, they established a mission in Kenya in 2005 in the Arch Diocese of Nairobi where they run a Secondary school for girls at Kiambu and another community at Kairi, Thika. There are 60 sisters working in East Africa serving the less privileged people through health services, Education and social services. The sisters run two kindergarten, two primary schools, four secondary schools, one higher secondary school, four centers for street children, HIV affected and infected children and two centers for women empowerment programmes in East Africa.

Sisters of St. Joseph Benedict Cottolengo

The congregation of the Sisters of St. Joseph Benedict Cottolengo that was founded by St. Joseph Benedict Cottolengo in 1833 in Italy believe nothing can stop them from serving the needy. They formed its roots in Kenya in 1972.

The congregation sisters serve in a hospital facility called Cottolengo Mission Hospital in the diocese of Meru. Three sisters work in three health centers namely Tuuru, Mukothima and Gatunga Catholic Health Centres. All of which are located in Meru.

Sisters of st. Joseph Benedict Cottolengo offer several social services to the community in Meru. Seven sisters also serve in a HIV/AIDS Care center/VCT called Cottolengo Centre Nairobi in Langata, Nairobi. They reach close to 260 clients in a year who are put on HIV care treatment centers in Gatunga Health Centre in Meru. One sister works in this institution. One other sister from this congregation, works in a rehabilitation center for physically disabled known as Tuuru Health Centre in Igembe Central, Meru. Averagely hundred patients are served in a year. In the same facility, eight sisters serve the people with disabilities. One sister serves in Tuuru nursery in Igembe Central, Meru where she cares for about forty special school children.

Location: Kenya, Meru

Founder: St. Joseph Benedict Cottolengo

Ministries: Health, HIV treatment and care, rehabilitation centre, helping those with physical disability and serving at the early childhood development facility.

Sisters of St. Joseph of Mombasa

The sisters of St. Joseph of Mombasa have been called to serve the people of Kenya. In order to assist in the work of the Evangelization of the people Rt. Rev. Bishop John W. Hefferman Cssp, with the help of Mother Amadea CPS founded an African Congregation of Sisters in the Vicariate of Zanzibar (now known as the Diocese of Mombasa), in the year 1929. He named the Congregation: The Sisters of St. Joseph, in honour of St. Joseph who was the Patron of the Vicariate. In 1957, the Vicariate of Zanzibar was divided into two parts: the Vicariate of Mombasa – Zanzibar under Rt. Rev. Eugene butler CSSp, and the Vicariate of Nairobi

under Rt. John J. McCarthy CSSp. As Bishop McCarthy had founded the Assumption Sisters of Nairobi in 1955, the sisters of St. Joseph were able to withdraw to Mombasa by 1960.

The Sisters of St. Joseph of Mombasawork in four Dioceses: Mombasa, Machakos and Nairobi and eventually they will go out to other Dioceses.

Location: Kenya and Zanzibar

Ministries: Social services

Founder: Bishop John W. Hefferman Cssp

Sisters of St. Joseph of Tarbes

The Congregation of Sisters of St. Joseph of Tarbes are born to serve . They believe Children are a gift from God who brings joy and fulfillment in the society. Embraced warmly, they grow positively and contribute generously to the growth of the society. They were founded in France in 1842. It formed its roots in Kenya in 1982. They are present in the following dioceses: Garissa, Embu, Meru, Isiolo, Nakuru, Machakos, Lodwar, Eldoret, Nyeri and Nairobi Archdiocese.

There are 23 sisters who are in the process of formation and 27 are in temporary vows at present. 53 sisters are finally professed. The Charism of the congregation is living a life of Trinitarian Communion. The congregation promotes Early Childhood Development from 0-5 years through provision of pre-natal and post-natal care, Provision of education from 3 years old and health at child clinic.

Location : France, Kenya (Garissa, Embu, Meru, Isiolo, Nakuru, Machakos, Lodwar, Eldoret, Nyeri and Nairobi)

Charism: The charism of the Sisters of St. Joseph of Tarbes is to live a life of Trinitarian Communion.

Ministries: Education, early childhood development and health.

Sisters of the Adoration of the Blessed Sacrament (SABS)

The Congregation of the Sisters of the Adoration of the Blessed Sacrament dates its history of serving back in India. The congregation which was founded on in 1908 in the Archdiocese of Changanacherry, Kerala, India dates back its origin from the deep personal experience of the Eucharistic Presence of the Venerable Thomas Kurialacherry, (1873-1925) an ardent devotee of the Holy Eucharist. The inner call received by him was the 'Lord in the Blessed Sacrament must be known, loved and adored by all, always and everywhere'. He pursued this inspiration with courage, stability and absolute trust in the Lord and founded the Adoration Congregation with the co-operation of Mother Chantal, the Co-Foundress.

At present, they have 22 communities and 95 sisters engaged in different apostolate in different diocese of Kenya, Tanzania and Uganda. There are 30 candidates in different stages of formation such as Novitiate, Postulancy, Aspirancy and Pre-aspirancy, 13 temporarily professed sisters from the soil of East Africa, who are involved in studies and other Apostolate.

They have two perpetual Adoration centers in Otiende-Nairobi and Kimumu- Eldoret, where they pray for the entire world. They also teach in the primary, Secondary schools and in the University, take care of the sick in hospitals, engaged in prison ministry in the women's prison in Langata, take care of the physically handicapped children, street children and HIV/ AIDS infected children. They also do pastoral work in parishes, counseling services, proclamation of the word of God in Retreat centers and do Family apostolate.

In Eldoret Diocese, Kimumu parish, they have a home for the HIV/ AIDS infected and affected orphans.

Location: India, Kenya, Tanzania and Uganda.

Vision: The vision of the African Mission- Sion Province, East Africa is to lead the entire creation to the Heavenly Father by becoming a pleasing sacrifice to the Eucharistic Lord.

Ministries: Health, orphaned children, physically handicapped children, street children and other social work.

Founder: Thomas Kurialacherry

Co –Foundress: Mother Chantal

Sisters of the Blessed Virgin Congregation Catholic Diocese of Kisii

The Congregation of the Sisters of the Blessed Virgin have Kisii people close to their hearts in Kenya. They are an international Congregation of Women Religious founded in the Diocese of Cremona – Italy in 1610 by Mother Lucia Perotti. It is said that later the late Cardinal Maurice Michael Otunga requested the leadership of the Sisters of the Blessed Virgin Congregation to extend their apostolate to Kisii Diocese, Kenya.

The Congregation is now placed under the special Patronage of the Immaculate Mother of God. The Sisters of the Blessed Virgin work hard to further a true devotion towards the Blessed Virgin according to the directives of the Church and the Spirit of their Foundress Mother Lucia Perotti who lived in a challenging period in the society of her time. They serve in education and youth matters.

In Kenya currently the Sisters who are in the process of formation are 26, those with temporary vows are present 71 and finally professed ones are 120.

The sisters of the Blessed Virgin dedicate themselves to the apostolate of education among the Youth in Pre-Primary Education (Early Childhood Development) and Education – ECDE is their first Priority in Child preparation for life of Education and Evangelization, Primary Education, Secondary Education, Tertiary and Vocational Training with the aim of promoting academic standards and providing Christian Formation. They help the young people to be useful and honest citizens in the society.

Their apostolate also extends to Medical field in Dispensaries / Health Centres and Mobile Clinics. Other apostolates include Catechetical pastoral services in schools and communities.

Foundress: Mother Lucia Perotti

Location: (International) Kenya (Kisii)

Ministries: Early childhood development, health, education, youth vocational training and catechetical pastoral services.

Sisters of the Company of Mary Our Lady

The Sisters of the Company of Mary our Lady have their foundations of serving strongly planted in education sector. They teach throughout the world in social Centers, Primary Schools, Secondary Schools, Universities and Parishes.

They also extend their mission by caring for the sick in hospitals and dispensaries. In addition to that the sisters are also involved in manual works.

They believe in the imitation of Saint Jeanne de Lestonnac, the members of the Company of Mary our Lady, where they desire to keep the flame of love in their hearts and in those of the Youth.

Location: Kenya

Ministries: Education, social work

Sisters of the Immaculate Heart of Mary, Mother of Christ

Sisters of the Immaculate Heart of Mary, Mother of Christ carry the heart for compassion to the underprivileged in the society. They were founded 1937 by Archbishop Charles Heerey CSSP in Nigeria. Their entry in Kenya was in 1977. Their Charism is concern for women, they help serve the sick and children for the good of Christian family life. Their apostolate includes teaching, nursing, pastoral work; HIV projects, old people, and other apostolate in response to the needs and signs of the time. They are present in Kenya in Archdioceses of Nairobi, Meru, Mombasa Archdiocese, Eldoret.

Founder: Archbishop Charles Heerey CSSP

Location: Nigeria and Kenya

Charism: The charism of the Sisters of the Immaculate Heart of Mary, Mother of Christ is the concern they have for women, the sick and children for the good of Christian family life.

Ministries: children, women, health and the elderly

Sisters of the Irish Ursuline Union

Sisters of the Irish Ursuline Union are women of all ages who have responded to a personal invitation from Christ to dedicate their lives to Him as Ursuline Sisters. They continue to live for the vision of Angela Merici, an innovative woman who saw a new way for women to consecrate their lives to God while continuing to live in the heart of family and society. The primary mission of an Ursuline Sisters is to realize God's love for her, to offer her love in return and to share that love with all whom she encounters.

They run health Care Facilities; Hospitals, Dispensaries like St. Ursula's Dispensary, Health care centers, and health care outreach programs. In Education they run nursery Schools and day care centers. For example St. Ursula's Pre School, Primary/elementary Schools, St Ursula's Primary School, Secondary Schools such as Turkana Girls, St Ursula's Secondary school, St. Angelas Secondary school and Lawson secondary school.

They run teacher training colleges, Diploma colleges and social work activities. They also run Pastoral Services, Nursing homes, Retreat centers, Guest houses, Catechists, Social Services, Elders or home of the aged, Street children programs, Orphanage homes/programs, HIV/AIDS, Care centers, People with disability homes, Counseling Centers, polytechnic example being St. Colombas.

Location: Ireland and Kenya

Mission: The mission of the Sisters of the Irish Ursuline Union is to realize God's love for her, to offer her love in return and to share that love with all whom she encounters.

Ministries: Health, education, vocational training, social work, orphanages and homes for the elderly.

Sisters of the Most Precious Blood

They are the Sisters of the Most Precious Blood. They are an international pontifical religious congregation of women who live as a family and are present in Italy (foundation), Brazil, Kenya, Myanmar, East Timor and Haiti.

The following information regards the delegation in Kenya. They have eight pre-novices, four novices, ten junior sisters and seventeen finally professed sisters.

Their charism is based on the Paschal Mystery with an educational orientation, at the service of the neediest promoting the cult of the Precious Blood of Christ, price of the redemption of all humanity.

Their mission is to defend and promote the life and dignity of each human person who has cost the life of Christ. Their vision is the promotion of the dignity and life of all humanity, the spread of the cult of the precious blood of Christ, the redemption of all humanity for the glory of God.

They are involved in the education field in all its dimensions: teaching in the nursery, primary, secondary, and technical schools, both parochial and public. They are working in the various pastoral services in the parishes doing catechesis, animating PPI, YCS, PMC, youth groups, CWA and CMA groups, CTA, Sunday Services of the Word, Visit to the old and sick, promotion of the girl-child and poor women, SCC among others. They are also involved in the pastoral care of the sick in dispensaries, mobile clinics, prisons etc. They take care of orphans with a Children's Home at Machakos.

The congregation has sisters working as teachers of Early Childhood Development from 0-5 years. The sisters animate the children in PMC and Sunday school.

Sisters of the Poor

Sisters of the poor or Poverelle Sisters were founded by Blessed Louis Maria Palazzolo together with a young woman, Teresa Gabriel, in Italy in 1869. Originally their Congregation was called "Soure Delle Poverelle" which means –sisters of the poor. They chose to serve in the same way as their Founder in areas of total poverty and charity, following faithfully the teachings of Jesus who died and was crucified on the Cross for love.

Their Motto is to seek and gather the 'rejected of others' because where another provides he/she does much better than what could have been done; but where another cannot reach, seek to do something as best as you can."

Their Mission is to work in those poorest areas not yet reached by others and also in hospitals, Health center, school, Orphanage, hospice, parishes and slums. They serve the poor in several ways by corresponding to the needs of the place.

Their International Religious Congregation operates in Italy, Brazil, Peru, Democratic of Republic of Congo, Cote d'Ivoire, Burkina Faso, Malawi and Kenya. Their Charisma is to dedicate their lives to following Christ poor and obedient, serving Him in the poorest. In Kenya, they have children's home in Westland (Nairobi).

Foundress: Blessed Louis Maria Palazzolo

Motto: The sisters of the poor motto is to seek and gather the 'rejected of others' because where another provides he/she does much better than what could have been done; but where another cannot reach, seek to do something as best as you can."

Mission: The mission of the Sisters is to work in those poorest areas not yet reached by others and also in Hospitals, Health center, school, Orphanage, hospice, parishes and slums.

Ministries: Serving the needy in social settings like hospitals, schools and orphanages.

Society of NirmalaDasi Sisters

The society of NirmalaDasi Sisters have dedicated their lives to serve the poorest of the people. Their vision is to offer the service to the poor in imitation of Jesus “who humbled Himself taking the form of a slave” and who “came not to be served but to serve, and to give his life a ransom for many.”

The congregation was founded in 1983 by the Society of NirmalaDasi Sisters who have extended their service in five dioceses in Kenya and East Africa, where in Kenya they serve in Marsabit, Maralal, Isiolo, Muranga, and Ngong dioceses. Four sisters are in the process of formation. At present, two sisters are temporary vows. Twenty four sisters are finally professed.

Their Charism is anchored on “As you did one of the least of these my brethren you did it to me.”

Location: Kenya

Vision: The vision of the society of NirmalaDasi Sisters is to offer the service to the poor in imitation of Jesus “who humbled Himself taking the form of a slave” and who “came not to be served but to serve, and to give his life a ransom for many.”

Ministries: Social services

Society of the Helpers of Mary

The Society of the Helpers of Mary congregation live to serve the powerless and voiceless of the society. Their vision is to envisage a society where the values of compassion, equality, justice and harmony flourish and everyone experiences the fullness of life.

Their mission is to reach out to the powerless and the voiceless, especially women and children and empowering them.

Their activities include serving children’s home for the orphans, Children who are in crisis and rescued girls from FGM. They also run a home for abandoned babies. Besides caring for children they help train them outside the in teacher’s training, social work, mechanic, aviation and in high school. They help Promote women empowerment through table banking, kitchen garden, netting the wool-saving, and loaning.

They run a project by the name Bartholomeaus directed by Fr. Ernst Pulsfort water tanks are distributed to harvest rain water for their daily use. They help the needy children in education around the villages, supporting HIV affected parents and children, single parent’s children and poor and needy children.

They also run dispensaries that take care of the poor patients from the villages and children homes and near-by schools; Helpers of Mary, Divine Providence Convent, Kitengela and Helpers of Mary, Ann Maria Nakuru dispensaries.

Location: Kenya

Vision: The vision of the Helpers of Mary is to envisage a society where the values of compassion, equality, justice and harmony flourish and everyone experiences the fullness of life.

Mission: The mission of the Helpers of Mary is to reach out to the powerless and the voiceless, especially women and children and empowering them.

Ministries: Education, health, children in need and women empowerment projects.

St. Justin's and St. John's Nairobi

St Justin's and St John's Nairobi congregations in Nairobi hold people close to their hearts. Some of the services they offer for example at St. Justin's include: Social services and production unit that provides training skills and development, skill in marketing and design, Access to wider markets, Opportunities for employment for graduates and Income dedicated to the sustainability of the project. They are involved in the following social program;

Teresian Carmelites Missionaries

Teresian Carmelites Missionaries have entirely dedicated their lives to serving the poor. They were founded by Blessed Francisco of Jesus Mary and Joseph Palau Querin Tarragona, Spain in 1860.

They have 30 sisters in formation where by 18 are postulants and 12 are Novices. The congregation has 42 sisters or temporary vows sisters. The Teresian Carmelites Missionaries in Africa count today have 77 final professes sisters of different African nationalities.

As a member of the people of God through baptism, they respond to the call of the father in Christ and moved by the Holy Spirit, they live together in community to live their baptismal grace. They accept as first rule of life the gospel, faithful expression of the spirit of Christ.

They are involved in activities which promote early Childhood development, from upto five years of age .The congregation is very much involved in the pastoral work at family level by of family level. In other countries, they have health facilities and nursery schools.

The congregation has only one province in Africa. They are present in eight countries in Africa (Kenya, Tanzania, Rwanda, DR Congo, Senegal, Cameroun, Mali and Madagascar) where they have 22 communities. In Kenya they have one community, the provincial house and soon another one on the way. The sisters work in schools, University and Pastoral (catechesis and PMC) at Our Lady of Guadapupe Parish.

Founders: Blessed Francisco of Jesus Mary and Joseph Palau y Querin Tarragona

Location: Spain and Kenya, Tanzania, Rwanda, DR Congo, Senegal, Cameroun, Mali and Madagascar.

Ministries: Early child hood development, spiritual counselling and education.

The Congregation of the Daughters of Mary and Joseph

Daughters of Mary and Joseph have continuously dedicated their lives to serving the poor. They are an International Congregation founded in 1817 by a Belgian Priest to respond to the problems of the world. The members of the Congregation dedicate their lives to serve the poor, the oppressed, rejected and defenseless by working and sharing the Good News of Salvation with them.

The Daughters of Mary and Joseph work and live in three Continents (Africa, Europe and America). At the moment our International Novitiate is in Kenya. They have five novices and four finally professed sisters. They serve the people of God through Education of the whole person, Health, Social work, Pastoral and Community Development.

Location: World wide

Ministries: Education, health, social work, pastoral work and community development projects

The Congregation of the Sisters of Our Lady of Kilimanjaro

The Congregation of the Sisters of Our Lady of Kilimanjaro have nothing more left to offer but give a helping hand to the needy in the society through their motto, “We Do all things for the praise and glory of God and for the salvation of humanity.”

The congregation was founded in 1931 and is situated at the slopes of Mount Kilimanjaro in Rombo District, Moshi, Tanzania.

The founder, Bishop Henry Gorgarty CSSP., was inspired to spread the Good News to the people of Africa, particularly the people of Kilimanjaro. Through the inspiration of the Holy Spirit, their founder, Bishop Henry Gorgarty C.S.Sp decided to start a Congregation; the main mission being salvation and total liberation of human: spiritually, intellectually, and physically. He then focused on Evangelization, Education and Health Services, inspired by the Gospel of Luke. 4:18.

The Congregation was later placed under the patroness of Mother Virgin Mary. Their goal is to follow Christ for the sanctification of individual members doing apostolic work and other charitable services for the well-being of humanity and their salvation.

Their apostolate includes Evangelization through: prayers for all people, social work, pastoral care, administrative tasks, teaching, arts and crafts, Parish ministries, hospitals and health services as well as caring for the disabled, the poor and homeless. In Kenya they have three communities: Meru – Cheera; three Sisters work in the dispensary and Pastoral work. In Ngong – Secretariat; three sisters do Pastoral work and administration. Nkoroi Parish: Six Sisters are doing Pastoral work and Health services. At Nkoroi, they run a dispensary: Our Lady of Kilimanjaro St. Peter Clavery Dispensary.

Founder: Bishop Henry Gorgarty CSSP

Location: Kenya and Tanzania

Mission: The mission of the Congregation of the Sisters of Our Lady of Kilimanjaro is to follow Christ for the sanctification of individual members doing apostolic work and other charitable services for the well-being of humanity and their salvation.

Ministries: Health, education, social work and pastoral care.

The Good Shepherd Sisters

The Good Shepherd Sisters work towards upholding the mission of the presence of Jesus the Good shepherd in their ministry. They were founded in 1835 by St. Mary Euphrasia Pelletier in France and entered Kenya in 1981. They are present in Meru, Nairobi, Embu, Kitale, Ngong dioceses of Kenya and Kolwezi in DRC.

Their Charism is to a Mission of reconciliation. The Sisters of the Good Shepherd approach each person with the same care of Jesus, the Good Shepherd. They are guided by the principle that, “One person is of more value than a world.” Through contemplation and action their mission of reconciliation impels them to act with justice and peace. They take a fourth vow of zeal, the heart of their Good Shepherd vocation.

Their Apostolate leads them to search out the wounded, those left behind by the world. They minister in all areas of human services, with a particular focus on the needs of women and children. Specific orientation is to girls and women whose condition in life cries out for a healing and salvation of a merciful shepherding God. Their service in Kenya is around areas of day Care Centers and feeding programs for children, education Sponsorship programs for the poor children, crisis Centers for distressed women, empowerment of women

through community based organized groups, vocational training Centers and income-generating activities and dispensaries.

Location: France, Kenya (Meru, Nairobi, Embu, Kitale, Ngong) and Democratic Republic of Congo

Foundress: St. Mary Euphrasia Pelletier

Charism: The charism of the Good Shepherd Sisters is to engage in the mission of reconciliation.

Mission: The mission of the Good Shepherd Sisters is to reconcile and act with justice and peace.

Ministries: they serve in areas of sponsorships to children in schools, care centers, feeding programs, women empowerment.

The Little Daughters of St. Joseph

The Congregation of the Little Daughters of St. Joseph carry at heart in meeting the urgent, moral and material needs of the poor. They are a religious family of Pontifical Right founded in 1894 in Italy, in the parish of St. Mary on the Adige, diocese of Verona, by the Parish Priest Blessed Joseph Baldo.

Their mission is to meet the urgent spiritual, moral and material needs of the poor. Their charism promotion and empowerment of women and any other form of neediness in attentiveness to the signs is compassionate attentiveness to the poorest, through education of youth and children, health care, care of the aged in their homes and in rest houses, the disabled, the abandoned, teaching catechism, of the times.

Their vision is to manifest the glory of God in the holiness of the members and sanctification of the people whom we serve through various apostolic engagements. They seek to carry out the apostolate in the spirit of dedication, of laborious life, of joy in duty, of freedom of spirit and charity, living in humility, simplicity and hidden life and their motto is "Hidden with Christ."

They are currently present in Italy, Kenya, Brazil, Georgia, Rwanda, Uganda and Guinea Bissau.

Professed members at present are 303 junior sisters 2, novices 14 and postulants eight.

They promote early childhood development through day care, pre-nursery and nursery schools. They ensure that the children grow in a hygienic environment and are well fed. They also have homes for abandoned children, former street children, orphans and those who are HIV positive. They help give necessary support to maternal health where pregnant mothers who would otherwise abort their children due to rejection by their family or out of poverty are helped.

Location: Italy, Kenya, Brazil, Georgia, Rwanda, Uganda and Guinea Bissau

Founder: Blessed Joseph Baldo.

Charism: The charism of the Little Daughters of St. Joseph is to promote and empower women and the poorest, through education of youth and children, health care, care of the aged in their homes and in rest houses, the disabled, the abandoned, teaching catechism of the times.

Vision: The vision of the Daughters of St. Joseph is to manifest the glory of God in the holiness of the members and sanctification of the people whom we serve through various apostolic engagements.

Ministries: They promote early childhood development through Day care and nursery schools, they also have homes for abandoned children, former street children, orphans and those who are HIV positive and support maternal health.

The Most Precious Blood Sisters

The Most Precious Blood Sisters (MPBS) are a congregation called to serve in areas of disaster and emergency care. They are an international congregation founded in Italy on 1876 and serving in the missions of Brazil, Myanmar, Haiti, East Timor Kenya and Italy itself.

Here in Kenya they are a delegation. Among their sisters in the Kenyan Delegation who are in the initial formation, they have: three pre-novices (Postulants), five novices and thirteen juniorities (junior sisters in temporary vows). The finally professed sisters in the Kenyan Delegation are eighteen.

In Kenya the congregation promotes congregation is actively involved in both animation and teaching. They have four apostolic communities (Kathonzweni, Makindu, Kimutwa and Muguga) where there are sisters who work with PMC in the Parish. In each of their above communities, they also have sisters who are ECDE teachers and they teach in our parish schools.

Their Charism is based on participation to the Paschal Mystery of Christ, with an educational orientation in all aspects of their apostolate, while seeking the promotion of the dignity of each human person whose life has cost the blood and life of Christ, with a special attention to the poor and the youth.

Their Mission is to make known to all the value and preciousness of their life through our apostolate in the parish pastoral work (Catechesis, working with and animating various groups like the youth, CWA, CMA, CTA, PMC, Middle and Senior youth, Conducting Sunday Service without a Priest in some parishes, visit to the old and sick and all other groups in our parishes); in the education field as teachers and animators in various ways like conducting PPI, YCS and Catechesis; in the health field as nurses, doctors, counselors, physiotherapists, conducting mobile clinics to remote places and in prisons etc; in the social work through homes for orphans, physically challenged, promotion projects for poor women etc.

Their vision is that the blood is the sign of the fulfilled and eternal Paschal Mystery which is invoked for the salvation of all situations in which the human dignity is abused, innocent blood is shed and life is betrayed, until in the name and by the power of this blood, all human beings can be redeemed and be open to God.

Location: Kenya, Brazil, Myanmar, Haiti, East Timor, Italy

Vision: The vision of the Most Precious Blood Sisters is to make known to all the value and preciousness of their life through our apostolate in the parish pastoral work.

Vision: The vision of the Most Precious Blood Sisters draws its strength from the blood as a sign of the fulfilled and eternal Paschal Mystery which is invoked for the salvation of all situations in which the human dignity is abused, innocent blood is shed and life is betrayed, until in the name and by the power of this blood, all human beings can be redeemed and be open to God.

Ministries: They serve in Health, education, women empowerment, social work and spiritual missions.

The Orantes of the Assumption Sisters-Kenya

The Orantes of the Assumption Sisters - Kenya are a congregation dedicated to the contemplative life. There are two sisters at temporary vows and three sisters who are finally professed. Jesus Christ in the Eucharist is the centre of their life. Son of God, he enables them to enter into a unique relationship with the Father; Savior of the world, he enables us to participate in his redemptive love for all human beings under the action of the Holy Spirit.

Their charism is dedicated both to the Church and to the Congregation of the Orantes of the assumption In silence, prayer, work and sacrifice, the life of the Orante sisters is always to adore, to love and to give thanks.

Their mission is to continue the uninterrupted and unanimous prayer of the Virgin Mary and the first disciples. Their way of life has its roots in the Gospel by way of the spirituality of St. Augustine. It consists in the search for God and adoration in a loving community whose members live in truth and charity, humility, joy, simplicity, and work for and share with each other. Their vision is to focus on both human and spiritual formation in order to nourish faith and help the society to be efficient and effective in their services.

Location: Kenya, Tanzania.

Mission: The mission of The Orantes of the Assumption Sisters is to continue the uninterrupted and unanimous prayer of the Virgin Mary and the first disciples.

Vision: The vision of The Orantes of the Assumption Sisters is to focus on both human and spiritual formation in order to nourish faith and help the society to be efficient and effective in their services.

Women Apostles Consecrated for the African world today

The Missionary Sisters of Our Lady of Africa (**White Sisters**) who were founded in Algeria, North Africa in 1869 have nothing to hold them back in the mission of serving the needy. They were founded by Cardinal Charles Lavigerie who is also the founder of the society of the Missionaries of Africa (White Fathers). The first Superior General is Mother Marie Salome.

The congregation came to Nairobi, Kenya in 1907. Their legacy stands in education at all levels. They have a new community in Malindi as a response to the request of the Bishop of Malindi in order to work with children who have been abused. They are also involved in ministries against Human Trafficking.

The congregation has two communities in Nairobi; one is located in Hurlingham, Adams Arcade. The other is located in South B, near Our Lady Queen of Peace Parish. Living in these three communities are; three postulants in the process of formation, four sisters in temporary vows and ten sisters with final vows all involve in different activities all for the greater glory of God (social work, administration, counseling, pastoral work and Studies).

Location: Algeria and Kenya

Ministries: social work, children and education at all levels.

Founder: Cardinal Charles Lavigerie



DISCALCED CARMELITE NUNS

Eucharistic Heart of Christ the King Monastery

P.O. Box 40958

00100 Nairobi, GPO

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The first monastery of the Discalced Carmelite Nuns was founded by St. Teresa of Jesus in Spain in 1562. The nuns continue today, to carry out their hidden apostolate of prayer in more than 700 monasteries throughout the world.

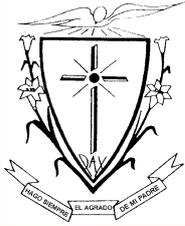
Our Monastery in Nairobi, which was the first contemplative community of nuns to be established in Kenya, was founded in 1940 by four nuns from Hampton Carmel in Ireland.

The Discalced Carmelite Nun is called to a life of prayer and self-giving love in the service of Christ and His church. We are specially dedicated to Mary, Queen and Mother of Carmel.

We offer our entire selves and our hidden life of unceasing prayer for the whole church and in a special way for priests and ministers of the word. Our life of solitude, silence and recollection, provides an atmosphere in which a life of deep prayer is lived supported by sisterly love, simplicity and manual work.

From the beginning of our foundation, we have been a house of prayer where people from various walks of life and different denominations come with their intentions for prayer and spiritual accompaniment. Carrying in our hearts the fatigue, distress and hopes of all people, we unite with the Blessed Virgin Mary as we stand daily before the Lord, pleading with him to send forth light and grace over the whole Body of Christ.

Although our main apostolate is prayer, we also share our material resources with the poor who come to us seeking for help. We support ourselves through the baking and selling of altar breads, sewing of church vestments and other church linen and printing of cards. We also have a shamba in which we grow some vegetables and fruits.



MISSIONARIES OF CHARITY OF MARY IMMACULATE REGION OF KENYA

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The Missionaries of Charity of Mary Immaculate is a Religious Congregation been founded in Mexico in 1934, in Mexico, D.F. by the Venerable Servant of God Fr. Moises Lira, M. Sp. S.

Fr. Moises lived the charism of spiritual childhood as a little and confident son of God, abandoned in the hands of his Father.

Fr. Moises Lira, full of compassion by the necessities of so many people that suffered abandonment, poverty, illness, ignorance, wanted to "**do the charity where there was a necessity**", so "**make the charity everywhere**" mainly with the poorest and abandoned.

On March 29th 1934 founded the Missionaries of Charity of Mary Immaculate with the purpose to please always God our Father, carrying out the charity, being devoted to the apostolate with the sick people, children and the poorest. The Congregation has grown and has extended to other parts of the world. At the moment we are in three continents: America, Europe and Africa. We are present in Mexico, Guatemala, Peru, Chile, United States of America, Italy and Kenya.



Mission of the Missionaries of Charity of Mary Immaculate

Education

Our primary mission is to spread the truth that "we are children of God" through faith in Jesus Christ and lead them to a confident and loving relationship with God, our Father. Our mission is to be a community that contributes to the society to the integral formation of the person with high spirit of service, responsibility and love of God, our Father.

Health Care

We provide our brothers and sisters whose suffer any kind of illness, a professional, friendly and compassionate care. Our specific mission is to show the loving face of God as Father, accompanying them in their pain and giving them strength, confidence and comfort.

Pastoral and mission and gentes

Our mission is conducted from the communion and participation in delivery with zeal for the evangelization and from the transmission of the charism of spiritual childhood.

"We shall take to everybody the love of God, the good of all human beings, whether in body or in spirit, that fraternal charity must be the fruit of love of God, which overflows into our poor brothers and sisters." CD 24 No. 45

Apostolate in Kenya

As Missionaries of Charity of Mary Immaculate we are call to cooperate with the Holy Spirit, to announce the Good News of Christ to all the people, with a love always growing towards whole humanity (CD 168). Living our Founder's charisma, we are aware that we should teach to all men and women that we have a Father that loves and care for them. (CD 169)

Our mission is to help all so that they can live as truly children of God. (CD 8) We make an effort in getting it by means of our generous service, in humble self-denial and in a gentle happiness (CD 8).

Since 1970 the Missionaries of Charity of Mary Immaculate have been present in Kenya, Africa; working in remote areas as it is Nakuru in "Arutani Secondary School" where there are 360 students; in South Horr, Maralal in "South Horr Health Center", in the pastoral education taking care of "Consolata Nursery school" where there are 142 children and visiting the communities (*manyattas*) for the pastoral work among the samburus who is a semi-nomadic pastoralist community.

COMMUNITIES EN KENYA:

KAKAMEGA

"Novitiate Formation House"

P.O. Box 776, Kakamega, 50100, Kenya. Tel. 0704176543

NAIROBI

"Postulancy Formation House and Regional House"

P.O. Box 641, Kiserian 00206, Nairobi, Kenya.

Tel 0706003643 or 0704176543